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PHARMACOPOEIA Radcliffeana:

OR,

Dr. *Radcliff*'s PRESCRIPTIONS,

Faithfully gather'd from his

Original RECIPE'S.

To which are annex'd,

Useful OBSERVATIONS upon each *Prescription.*

by Edward Strother, M.D.

Sine me Liber ibis in Urbem.

LONDON,

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85

MVSEVM
BRITAN
NICVM

TO THE READER.

I *Have, with ſome Pains and Expence, got the* genuine Receipts *of the famous Dr.* RADCLIFF, *who amaſs'd ſo vaſt an Eſtate by his Practice, that future Ages will hardly credit it: He acquir'd the Name of a* quick Diſcoverer of the Cauſes of Diſtempers, *and I don't at all Doubt, with Juſtice;*

for Succeſs ſufficiently prov'd it. As to his Receipts, *I find he has follow'd the Advice of the Honourable Mr.* Boyle, *in his Treatiſe of* Simple Medicines; *for where will you find a* Pharmacopœia *more ſimple, and a* Phyſician *more ſucceſsful? I believe, I need not mention how great a Man in Town now, copies his* Receipts, *tis too evident on the Files of the* Apothecaries; *and whoever reads theſe, knows his Methods; I wiſh him the ſame Succeſs, as, doubtleſs, he deſerves it.*

I would adviſe every Preſcriber *to make Uſe of as few* Remedies *as poſſible, ſo they be effectual; for, doubtleſs,* Jumble's *affect our Blood and Veſſels, as they do our Stomachs; nor can we eaſily bear 'em; ſo that the* Remedy *becomes as troubleſome as the* Diſeaſe. *I know the* Gentlemen *of the* Peſtle *will decry my Opinion; for as* Fox-

Hunters *never praiſe that Horſe, who does not, as they term it, make 'em feel every Corner of the Saddle; ſo ſome never approve a* Phyſician, *who does not plunder a Shop at a* Preſcription: *However, ſome of 'em are more prudent in their Proceedings, and think it indiſcreet in their* Preſcribers, *to order ſuch ſcarce and high-pric'd* Medicines, *as the* Patients *ſcruple to allow ſufficiently for: And I am of Opinion, this very Method has laid the Grounds for diſcarding* Phyſicians *from ſo general Practice; for who can bear ſuch Extravagancies, as to pay* large Fees, *and at length a* large Bill? *So that 'tis good* Policy *to depend on* ſimple *and* efficacious Medicines, *as well as good* Practice.

As the World approves this Collection, *they may be favour'd with more of this* great Man's Practice; *but at preſent the Humour*

of Writing is wore off; nor ſhall it be eaſily aſſum'd, till full Encouragement.

I would have no one doubt of the RECIPE'S *being* genuine, *which 'tis eaſy to ſatisfy themſelves of from any File in Town. All the* Bookſeller *is in Concern for is, that they may have the ſame Fate their* Maſter *had, of pleaſing the World, and refund him his Expences. 'Tis hop'd, the* Obſervations *may render it acceptable to the* Readers, *who, without 'em, would be much at a Loſs; if it bring* Profit *to the* one, *and* Pleaſure *to the* other, *it anſwers the End.*

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Pharmacopœia Radcliffeana.

Emplaſtrum Corroborans.

℞ Emp. ad Herniam, Emp. de minio, ā. p. æ. f. Emplaſtrum Lumbis applicandum.

A ſtrengthening Plaſter.

Take Rupture-Plaiſter, Plaiſter of Red-Lead, of each equal Parts; make a Plaiſter to be apply'd to the Loins.

OBSERVATIONS.

THIS Plaſter is to be apply'd to the Loins in Danger of Miſcarriages; and, to ſay the Truth, it ſeems to be a Policy, rather than good Reaſon, to trifle, if I may ſay ſo, with the weak Side

of the Women, who believe nothing is doing for their Relief, unleſs ſome Shew and Confinement is made and allotted; for let us reaſon the Caſe, and ſee how far ſuch Externals can contribute to produce theſe Effects: If they are ſuppos'd to produce any Effects on us, it is by their Stypticity; by this Vertue they contract the adjacent Fibres; and by thus ſtraitening a few of them, the Juices, that uſe to circulate in them, are driven from thence, and ſome others have a greater Share of 'em: If then this Portion ſhould chance to fill the Veſſels of the Womb with an additional Quantity, an Hæmorrhage, and an Abortion would happen; the very Misfortunes we are ſtudying to avoid! What then avails it to appear to be doing ſomething to the Purpoſe, whilſt we are trifling moſt ridiculouſly, at their Expence and Hazard?

Electu-

Electuarium Corroborans.

℞ Coral. r. ppt. 3 ſſ. Terr. Japon. gr. iii. cum q. ſ. Syr. de Mecon. m. f. Bol. horâ ſomni ſumend. quotidie, ſuper-bibendo Cochl. iii. vel. iv. Julap. ſeq.

A Corroborating Electuary.

Take red Coral prepar'd, half a Dram, Japan-Earth, 3 Grains, with a ſufficient Quantity of Syrup of Diacodium; mix, and make a Bolus to be taken every Night at Bed Time, drinking 3 or 4 Spoonfuls of the following Julap upon it.

OBSERVATIONS.

THIS is a gentle Aſtringent, and ſtrengthens the Parts, thickens the Blood and Juices, and ſhuts up the gaping Mouths of the Veſſels, that the Blood or Juices may not ouze through, which is the ordinary Forerunner of Miſcarriages, if not timely prevented. I ſay, 'tis but

gentle, and therefore I have known it encreas'd, and alter'd thus by him:

℞ Conſ. Roſ. rub. ʒ ſſ. Coral. r. pp. ʒ ſſ. cum q. ſ. Syr. Caryoph. m. f. Bol. hac nocte horâ ſomni ſumend. ſuper-bibendo, *&c.*

Take Conſerve of Roſes half a Dram, red Coral prepar'd half a Dram, Syrup of Clove-gilly-Flowers as much as is ſufficient; mix, and make a Bolus, to be taken this Night at Bed-time, with a Julap, as preſently.

Julapium Hyſterico-ſtypticum.

℞ Aq. Gemmular. Quercus, ʒ iv. Ceraſ. nigr. ʒ ii. Protheriacal. ʒ i. Sacch. parum; m. f. Julap.

Take Oak-Bud-Water 4 Ounces, Black Cherry Water 2 Ounces, Treacle Water 1 Ounce, a little Sugar; mix, and make a Julap.

OBSERVATIONS.

I Am far from being ſatisfied, that any Water diſtill'd with a cold Still, affords any Stypticity; and therefore all that can be ſaid of this Oak-Bud-Water is, that, having paſſed the Still, it is more free from ſome ſort of Particles than Pump Water is; for that the *Collegio del Cimento* gives us to underſtand, that diſtill'd Waters do not precipitate *Salt of Tartar*, as common Water does; and in this Caſe ſo much the worſe. The other Waters are ſomewhat acid, and therefore gently coagulate, and contribute towards ſtopping any Flux of Blood in a ſmall Degree. He has alter'd it thus ſometimes:

℞ Aq. Gemmular. Querc. lb ſſ. Aq. Protheriac. ℥ iii. Sacch. parum, m. f. Julap. de quo capiat Cochl. iii. ad libitum.

Or,

Take Oak Bud Water half a Pound, Treacle 3 Ounces, a little Sugar;

mix, and make a Julap; of which take 3 Spoonfuls at Pleasure.

Apozema rubrum.

℞ Decoct. alb. lb. ii. Aq. Cinnam. h. ℥ i. Sacch. rosar. q. s. m. f. Apozema, de quo bibat Haustum mane & vesperi, & ad libitum.

Red Apozem.

Take white Decoction 2 Pounds, Barley Cinnamon Water 1 Ounce, Sugar of Roses as much as suffices; mix, and make an Apozem; of which drink a Draught Morning and Evening, and at Pleasure.

OBSERVATIONS.

IN a Flux of Blood, or in a common Flux call'd a Diarrhæa, this is useful; as it is in any other Flux of Blood, as is commonly known; for that the Rose-buds in Sugar, or any Way are binding.

Mix-

Mixtura Hyſterica Lactea.

℞ Gumm. Ammon. ʒ ii. Galban. ʒ i. diſſolv. in Aq. Ceraſ. n. ℥ vi. m. f. Mixtura, de quâ capiat Cochl. i. mane quotidie, & in Paroxyſmis.

The Hyſterical Milky Mixture.

Take Gum Ammoniack 2 Scruples, Galbanum 1 Scruple, diſſolve 'em in black Cherry Water 6 Ounces; mix, and make a Mixture; of which take one Spoonful in the Morning daily, and in the Fits.

OBSERVATIONS.

ALL fetid Drugs have a peculiar and noted Vertue, of checking Vapours, either out of the Fit, or in it. By what Mechaniſm this is compaſſed, give me Leave to explain, in a ſhort and eaſy Account. All Fetids conſiſt of a volatile Salt and Oil; which active Principles exagitate the Maſs and Spirits, and give a brisker Motion to both; and ſupply Spirits, and

are cordial; whenever then they move ſlower, and are ſcantier than they ſhould, that Motion may be irregular; by which I mean, that ſome Parts are ſupply'd, whilſt others are depriv'd of that Influence; the Muſcles or Nerves, where this Deficiency lies, or are too much ſupply'd, are put into a Contraction, or convuls'd, or are palſy'd; for indeed under this Condition, theſe Fits are only ſeeming Convulſions, but are really Palſies. Now a Supply by ſome ſpirituous Drugs, that briſken up their Motion, gives a new Life and Vigour, and cures the preſent, as well as prevents future Fits.

Emplaſtrum Umbilicale.

℞ Emp. Stomach. magiſt. & Galban. colat. ā. p. æ. m. f. Emplaſtrum toti Abdomini applicandum.

The Navel-Plaiſter.

Take magiſterial Stomach Plaiſter, and Galbanum ſtrain'd, of each equal Parts; mix 'em, and make a Plaiſter, to be apply'd over the whole Belly.

OBSERVATIONS.

FEW tolerable Accounts have appear'd of the Operation of theſe Plaiſters; and, in general, I own my ſelf no Stickler for their Uſe, but that they make a Shew. However, if any Good is done by this, and ſuch as it is, 'tis by the ſame volatile Particles imbib'd by the inſpiratory Pores; and thus convey'd to the extreme Nerves, that are plac'd in and about the Abdomen, (ſuch are the *tenth Pair of Nerves* that are diſtributed to the Muſcles hereabouts, *&c.*) give new Life and Spirits to them, and ſerve to allay the ſeeming Convulſions thereabouts, and ſo give Relief to hyſterical and vapouriſh Women.

Electuarium Cardiacum.

℞ Conſ. Abſinth. roman. ℥i. Conſerv. Anthoſ. ℥ ſſ. Spec. Diambr. ſ. o. ℈i. Chel. Cancror. Oc. Cancror. pp. ā. ʒ i. ſſ. cum ſ. q. Syrup. de Atriplice; m. f. Electuarium molle, de quo capiat Quantitatem N. Moſchat. horâ unâ vel duabus ante decubitum, ſuper-bibendo Cochl. iii. vel quatuor Julapii proprii.

A Cordial Electuary.

Take Conſerve of Roman Wormwood one Ounce, Conſerve of Roſemary Flowers half an Ounce, Species Diambræ without the Scents one Scruple, Crabs Claws and Crabs Eyes of each one Dram and Half, with Syrup of Orach as much as ſuffices; mix, and make a ſoft Electuary; of which take the Quantity of a Nutmeg an Hour or two before Bed-time, drinking three or four Spoonfuls of a proper Julap after it.

OBSERVATIONS.

THIS Electuary corrects the acid Winds in the Stomach, and recruits the Spirits; by which Vertues it ſerves to correct the Languors from Vapours, and revives us; it alſo helps ſpecifically to give Appetite to our Victuals, when the Cauſe is from the Failure of Spirits. In ſhort, it gives us a Stomach, revives us, and helps ſour Belchings and *Cardialgia's* from thence, which are common Attendants in hyſterical Women.

Aqua Hyſterica.

℞ Aq. Ceraſ. n. lb. ß. Pæon. Comp. ℥ ii. Spirit. Ceraſ. nig. ℥ ß. Sacch. parum, m. f. Julapium, cujus capiat Cochl. 3 vel 4.

The Hyſterical Water.

Take black Cherry Water half a Pound, Compound Pæony Water two

two Ounces, Spirits of black Cherries half an Ounce, Sugar a little; mix, make a Julap, of which take three or four Spoonfuls.

OBSERVATIONS.

I Look upon this Water to be one of the beſt the *Doctor* preſcribes, as well as the moſt uſual; it has a Power to ſtimulate the lazy Spirits, it gives 'em new Life, and checks their irregular Motion. In hyſterical Caſes it gives Reſt, which is a ſort of a Paradox to unthinking Men; but it takes off the Occaſion and Seeds of Watchings; for that we know, weak People often are reſtleſs for no other Cauſe but Anxiety and Solicitude; and this makes 'em move on as in a State of Health, by which *æquilibrium*, Sleep, that deſirable Bleſſing, is obtain'd.

De-

Decoctum Phthiſicum.

℞ Rad. Chin. in Taleolas ſciſſ. ʒ i. ſſ. Raſur. C. C. Eboris, ā. ʒ i. Fol. Capillor. Vener. p. ii. Infundantur per Noctem in Aq. bullientis lb. xii; mane coquantur ad medias; m. f. Decoctum; cujus capiat lb. ſſ. cum Sacchari pauxillo, vel Lactis aſinin. Cochl. vi. mane & veſperi.

The Decoction for Conſumptions.

Take China Roots cut in Slices an Ounce and half, Shavings of Hartshorn and Ivory of each an Ounce, Leaves of Maiden-hair two Pugils; infuſe 'em all Night in boyling Water 12 Pounds; in the Morning boil it down to Six Quarts, ſtrain it out; this is the firſt Decoction to be taken to Half a Pint in a Morning with Sugar Candy, or Aſſes Milk, 6 Spoonfuls.

The *Bocher*, or ſecond Decoction, is made by boiling the Herbs over again in Eight Quarts of Water

to

to Four, and is good to drink at Meals.

OBSERVATIONS.

WHERE Asses Milk agrees not, this is useful to correct the Acrimony of the Humours that fret and ulcerate the Lungs; and therefore prevails against all Disorders that are Consequences of a sharp *Serum*; hence it is good in the Hectick: Indeed where an Ulcer is in the Lungs of any Size, and lies in the Way of the Passages that are every Second of a Minute, gaping and dividing, to receive our most necessary Friend the Air; I cannot see what Effects can be promis'd; since the Requisites for Union are, by the Law of Nature, unavoidably destroy'd, by the Reception of the Air; so that the Dispute between this admirable Practitioner, and Sir *E. H.* cannot be given on the Side of the former, since it is an Impossibility in Nature. Whether his other Medicines may more contribute, I shall have Room to discourse on, under other Heads.

Linimentum Anodynum.

℞ Balſ. Lucatell. ʒ ii. Ol. Amygd. d. ʒ i. Ol. Mac. per Expreſſion. Ung. flor. Aurantior. ā ʒ ii. m. f. Linimentum parti affectæ illinendum, Chartam Emporeticam ſuper-imponendo.

The Anodyne Liniment.

Take Lucatellus Balſam 2 Drams, Oyl of ſweet Almonds an Ounce, Oyl of Mace by Expreſſion, Orange Flower Butter, of each 2 Drams; mix, and make a Liniment to apply to the pain'd Part, ſpread on Cap Paper.

OBSERVATIONS.

THIS Ointment the *Doctor* us'd to order to Perſons, whoſe Breaſts were fatigu'd and pain'd with Coughing, with good Succeſs; 'tis ſmooth and oily, and relaxes the too great Tenſity of the Parts; ſo that whereas the extraordinary Contraction in the Parts is allay'd, the

Dia-

Diameters of the Veſſels are enlarg'd, the Liquors puſhing on behind, (by the Laws of Circulation) conquer the Reſiſtance of the impeded Motion, and what ſtopp'd at any Section, and inflated or diſtended the Parts, and gave Uneaſineſs; thus by unfurling the Obliquity of the Fibres into a ſtreight Line, the Liquors paſs quietly on, and the Veſſels ſubſide, and they grow eaſy.

Aqua Nephritica.

℞ Flor. Oxyacanth. Cong. ſſ. Vin. alb. Cong. ii. N. M. raſ. N°. iv. ſtillentur ad Cong. i. ſſ. Doſ. Cochl. iv. horâ ſomni.

The Nephritick Water.

Take Flowers of Haw-thorn half a Gallon, White-Wine 2 Gallons, Nutmegs 4 ſlic'd, diſtil off to a Gallon and Half: The Doſe is 4 Spoonfuls at Bed-time, *&c.*

OBSERVATIONS.

THIS Water is call'd *Nephritick*, becauſe it is ſuppos'd to relieve the Gravel; but it is more adapted to that which is miſtakenly call'd ſo; I mean, for Wind pent up in ſome Cell of the *Colon*, (oppoſite perhaps to the Kidneys); and this it is peculiarly fitted to; inaſmuch as all Carminatives, or ſuch as expel Wind powerfully, incite the *Bulla*, that too tenaciouſly hold it within; and being thus freed, the periſtaltick Motion drives it downward in a *Crepitus*. I would have it remark'd, that no Expellers of Wind ought to be adminiſter'd, till the Paſſages are clear'd of their ſuperficial Contents, for then they have nothing to contraſt with, ſave the Phlegm ſticking to the *Plica* of the Inteſtines.

Pulvis Paspharmacus.

℞ Chel. Cancror. pp. Oc. Cancror. pp. Margt. pp. Sacch. perlat. a. ʒ i. m. f. pulvis; divide in octo Chartulas, quarum unam capiat mane quotidie & veſperi in Cochl. Lactis aſinini, ſuper-bibendo lb. ſſ. ejuſdem.

The Univerſal Powder.

Take Crabs Claws prepar'd, Crabs Eyes prepar'd, Pearl prepar'd, Pearl Sugar, of each a Dram; mix, and make a Powder; divide it into 8 Papers, of which take one every Morning and Evening in a Spoonful of Aſſes Milk, drinking half a Pound upon it.

OBSERVATIONS.

NEVER were teſtaceous Powders more univerſally us'd, than by this great Man; they were to him like *Hudibras*'s Knight's Sword, or the Knife of *Delf*, for they ſerv'd all Purpoſes; and therefore

fore I have choſe to call 'em, *The Univerſal Powder.* To ſpeak Truth, in *England* the moſt rebellious Diſtempers we are infeſted with, are from ſtubborn *mineral* Salts; the Correction of which are not better compaſs'd than by the abſorbing Powders, *Calces* and *Lacteats*; ſo that in Conſumptions, where the Salts, by their Vicinity and Plenty, dilaniate the Fibres into an Ulcer, or occaſion, by their irritating Particles, a briſker Oſcillation of the Fibres, and conſequently a quicker Circulation, and a Hectick; Nothing has been found more effectual than this Powder, and this Milk. Moreover, as the exceſſive Heat in the Blood is alſo communicated to the Stomach, the Milk, put to it, would coagulate, as is uſual in Dairies that are over-hot, and thus would be robb'd of great Part of its Vertue.

This Preſcription is alſo of admirable Uſe in any *Eruptions* that depend on Acrimonies of the volatile Species, and which are generally known by their great Itchings, and a great Effervеſcence in the Palms

and

and Soles. In *Stranguries* from acrimonious Salts, Milks, and these Powders do well; *ſcorbutick Perſons* of the hotter Kind are reliev'd by this Method, having firſt premiſs'd ſome few Doſes of Infuſions of Sena, or Rhubarb. When Women are much troubled with immoderate Fluxes of the Menſes, this Method is commendable in the Intervals. In fine, whenever you obſerve it ſaid in theſe Sheets, that any Diſtemper is ſuppos'd to proceed from acrimonious Salts, this Method will, *mutatis mutandis*, ſerve the Turn; only 'tis to be obſerv'd, that great Care muſt be taken, whether the Salts in the Blood be not *mineral* ones; and conſequently, not only ſtubborn, but requiring alſo ſpecifick Corrigents, which no Body, that is ignorant of the Soil, and what Salts it contains, can judge of.

Electu-

Electuarium Phthiſicum.

℞ Conſ. Roſ. rub. ℥ ii. Chel. Cancror. pp. Corall. r. pp. Pulv. Haly ā. ℥ i. cum ſ. q. Syr. Capill. Vener. m. f. Electuarium; de quo capiat Quantitatem Caſtaneæ mane horâ undecimâ, & veſperi, ſeptimâ; & horâ decubitûs; ſuper-bibendo Cochl. quatuor *Julapii Chorici* (*viz.* ℞ Aq. Lact. alex. Ceraſ. n. ā. ℥ iv. Aq. Pæon. C. ℥ ii. Sacch. q. ſ. m. f. Julap.)

The Electuary for Conſumptions.

Take of red Roſes two Ounces; Crabs Claws prepar'd, red Coral prepar'd, Powder of Haly, of each a Dram; with Syrup of Maiden-hair as much as ſuffices; mix, and make an Electuary, of which take the Bigneſs of a Cheſnut at Eleven in the Morning, at Seven in the Evening, and at Bed-time, drinking above it 4 Spoonfuls of the *Chorical Julap.*

OBSERVATIONS.

THIS Compoſition is *ſtyptick*, *abſorbent*, and *mucilaginous*; by which it allays troubleſome Coughs, ſmooths the Humours of the *Bronchiæ*, and gently puts a Check to the too plentiful Ouzing of ſuch thro' the Mouths of the Glands. However, every Practitioner ought to be appriz'd of a ſtanding Truth in all Coughs of this Kind, that ſome proper Evacuations ought to precede, in order to revulſe the Motion from the Lungs to ſome diſtant Goal, as well as to deplete the Veſſels of ſuch a troubleſome Lodger. I muſt frankly own, the Doſe of the *Pulvis Haly* is too ſmall to do any great Feats; however, it certainly, in ſome Meaſure, is a good Alterative, and it (as well as the Shell-Powders) corrects the great and offending Sharpneſs of all the Juices.

Un-

Unguentum Pacificans.

℞ Unguent. Sambucin. Butyro Maiali pp. ℥ i. Ung. Populn. ℥ ſſ. Ol. Mac. ʒ i. m. pro Linimento, quo partes affectæ illinantur.

The Pacifick Unguent.

Take Elder-flower Ointment made with May-Butter one Ounce, Ointment of Poplar half an Ounce, Oyl of Mace a Dram; mix, and make a Liniment, with which anoint the Parts affected.

OBSERVATIONS.

AS this Ointment conſiſts of ſome volatile, ſmooth, and opiate Particles, it is well qualified to diſcuſs any impacted Humours, and give a gentle Breathing to the Pores; but alſo as an Emollient, Relaxant, and Opiate it gives Eaſe to the Over-diſtenſion, and conſequently relieves Pains. Lay it upon Cap-paper, (having firſt rubb'd it well in, with a warm Hand).

Hauſtus

Hauſtus Paregoricus.

℞ Aq. Ceraſ. n. ℥ i. ſſ. Pæon. compoſ. ʒ i. ſſ. Extract. Op. Thebaic. gr. i. ſſ. gr. Sacchar. parum, m. f. Hauſtus ſumend. horâ decubitûs.

The Paregorick Draught.

Take black Cherry Water one Ounce and half, Compound Peony Water one Dram and half, Extract of Theban Opium one Grain and half, Sugar what ſuffices; mix, and make a Draught, to be taken at Bed-time.

OBSERVATIONS.

THE Vertues of Opiates are well enough known to Apprentices; and therefore after I have told you, that they eaſe Pains, procure Sleep, eaſe Convulſions, allay *Flatus*, curb Fluxes, and are Speciſicks in *Hyſterical Hurries* in Women; I muſt obſerve, that they will be dangerous Edge-Tools, if the following Cautions are not ſtrictly anim-

animadverted; they are not convenient in languid People, in cold Conſtitutions, (at leaſt the Opiates mix'd with watry Menſtrua): In critical Pains, (ſuch as Labour, Gout, *&c.*) in *Orthopnœa's*, or ſhort Breaths, from Phlegm in the *Bronchiæ*; nor in the State of Conſumptions, where the Breaſt is oppreſſed with a Load of extraneous Matters; nor in malignant Fevers, nor in Pleuriſies, where the Spitting goes well on; nor in chronical Pains of the Head; nor in a *Satyriaſis*, which is an Obſervation from *Sachius*, in the *Ephemerid. Germanic. Anno* 2. *Obſ.* 69. where the *Turks* were, at the Battle of *Leventz* in *Hungary*, found, when Dead, *Haſtis erectis*. In the Time of any Criſis, ſo that they are bad in the Apparatus, (or the four Days before the breaking out) of the ſmall Pox: Hence *Wincler* ſays, nor in the Watchings that immediately precede *Criſes*; in moiſt Coughs, nor in Children too often repeated, becauſe *Mercurialis* obſerves, and juſtly, they dull 'em. But it muſt here be remark'd, that as a Doſe of an Opiate given to an

Adult, will continue its Effects for Six Hours; ſo in Children, a Doſe in twelve Hours is ſufficient: In an Iliack Paſſion from a fixt Pain, they are bad; this being from an Inflammation, they fix it, and turn it into a *Gangrene.* I have often obſerv'd, they do not ſucceed in *hypochondriacal* nor *hyſterical* Perſons, unleſs mix'd with Volatiles, or Fetids: They are not good in *Frenzies*, unleſs when there have preceded proper Evacuations, nor then but in the *Decline* of the Fervor of the Fever. They promote Sweat, and other Evacuations from the Blood by Accident; but allay all Encreaſe of organical Irritations, and their Effects, (as *Diarrhœa's, &c.*) However, where the Ebullition of the Blood over-bears, as it happens in the *Apparatus* of the Small-Pox ſometimes, they may be allow'd, if cautiouſly given, and continu'd only with an Eye to the Urgency of the reigning Symptom. I can't ſee with what Reaſon Authors would have us to neglect a full Doſe of *Laudanates*, when *Camphire* is adminiſter'd; for it has deceiv'd me, and may

may others, who are minded to try it; but ſome, like Lovers of Wine, commend what they like; which, however, is a Liberty not allowable in ſo ſerious a Point. They are admirable in dry *Aſthma's*, and in a pretty large Quantity, ſo as that one Grain of *Opium* to two (if they are able to bear it) is profitable. *Dyſenteries*, by the Conſent of all, require 'em in large Quantities, to 3 or 5 Grains of *Laudanum*: In warmer Climes, indeed, they give 'em more ſcantily than we do, ſo that half our Doſe ſerves their Turn, which is a good Hint of the Cauſe of Operation and Texture; but the Διότι is not our Buſineſs here.

They are admirable in robuſt People, in *Catarrh*'s, in Coughs that tickle much, in the Beginning of a *Conſumption*, (nothing is done without 'em); in a *Teneſmus*, in *Diarrhaa's*, *dry Coughs of Women with Child*, *Frenzies*, *Madneſs*, *Epilepſies*, *Palpitations*, *Hickups*; in the *Puſtles of the ſmall-Pox*, when much inflam'd and painful. In ſhort, in all *vehement Pains*, in *Vomitings*, in *Fluxes*, and any notable

table *Hurry of the Spirits* they are indicated; nay, even in *Vertigo's* they are ſometimes indicated, as alſo in the *Beginning* and *Encreaſe* of *Pleuriſies*. Whatever they perform in us is, *by quieting and compoſing the Motions of the Spirits.*

Tinctura ſtomachica.

℞ Abſinth. Roman. ℥ ſſ. Rad. Gentian. Sem. Coriand. Cardamom. ā. ʒ. i. infund. ſimul in Aq. fontan. lb. ſſ. f. Colatura; cui adde Aq. nephritic. ℥ iii; m. f. Tinctura; capiat Cochl. 3. horâ unâ ante Prandium.

The Stomach Tincture.

Take Roman Wormwood half an Ounce, Roots of Gentian, Coriander and Cardamom Seeds, of each a Dram; infuſe 'em in Water, ſtrain it out; add to this nephritick Water 3 Ounces; mix, and make

make a Tincture; take 3 Spoonfuls an Hour before Dinner.

OBSERVATIONS.

I Look upon this to be a well-adapted Medicine for any Phlegm or Wind in the Stomach; and conſequently, is good in Stomach Pains, in Belchings after Meals, in Want of Appetite, in Sourneſſes there, in opening Obſtructions of the Lacteals in Lienteries, in cachectical Conſtitutions, in cold Diſorders of any Part, (whether Liver, Spleen, or elſewhere). It rarefies, warms, incides, attenuates; it is antiſcorbutick in the cool Kind.

Julapium Pyreticum.

℞ Aq. Lact. alex. ℥ i ſſ. Ceraſ. nig. ℥ ſſ. Cort. peruvian. ſubtiliſſ. Pulv. ʒ ſſ. Aq. Pæon. Comp. ʒ i. Syr. Capill. Vener. ʒ ii; m. f. Hauſtus 3. vel 4. quâq; horâ ſumendus ad octo vices extra Paroxyſmum.

The Febrifuge Julap.

Take alexiterial Milk-Water one Ounce and half, black Cherry-Water half an Ounce, Bark of Peru finely powder'd half a Dram, Compound Pæony-Water a Dram, Syrup of Maiden-hair 2 Drams; mix, and make a Draught, to be taken every third Hour for eight Times, out of the Fit.

OBSERVATIONS.

THIS Julap is design'd for the Intermissions and Remissions of Agues and putrid Fevers; but I must frankly own, I never yet found that half an Ounce of the Powder would take off an Ague, much less a remittent Fever; but have been often oblig'd to give from one Ounce to two: Nor ought the Goodness of the Bark he gave, be any Reason; because I never administer'd the Bark, but I generally chose it my self, through the Course of twenty Years Practice; being taught this by my own

own Misfortune, in the Year 1692, whilſt Abroad; when I had above half a Pound given me at Times without Succeſs; and it had been well if I could ſay, without Prejudice, ſince I was then brought to the Brink of the Grave, by the Ignorance or Knavery of my Attendant. The Bark's Uſe is now become more extenſive than at firſt; Phyſicians finding it an uſeful Remedy, not only in Fevers, but alſo in *all Periodical Caſes*, or ſuch as have *Exacerbations*, as *Epilepſies*, *Convulſions*, *hyſterick Aſthma's*; and indeed wherever Diſorders are apt to return, whether in the Space of Hours, Days, Months, or Seaſons of the Year; always keeping in Mind, never to adminiſter it without previous Evacuations, *ſpecificated* to the Caſe; or, what is equal to this, until the Humours have been pretty well ſpent in Evacuations, (as is uſual when People have been ſick for ſome Time) and are much leſſen'd; or, laſtly, unleſs the Caſe begins to be deſperate, by Reaſon of the Decay of Spirits; for then we do it to avoid a fatal Chance, which

muſt inevitably follow, and for the Damage done by the Bark, you are at Leiſure to repair afterwards.

Bolus aſtringens.

℞ Confect. Fracaſtor. ſ. m. ʒ i. Rhabarb. opt. torrefact. gr. iv. Syr. Caryophyll. q. ſ. m. f. Bolus, cras mane ſumendus.

The Aſtringent Bolus.

Take Diaſcordium without Honey a Dram, the beſt Rheubarb roaſted 4 Grains, Syrup of Clove-gilly-flowers what ſuffices; mix, and make a Bolus; to be taken to Morrow Morning.

OBSERVATIONS.

THE *Doctor* wiſely order'd Diaſcordium always without Honey, and order'd it with Syrup of Diacodium in its Room; for beſides that Honey is very diſagreeable to

to weak Stomachs, 'tis contrary to the fundamental Intention of the Compound, (as every young Obſerver may know) for Nature does not ſubſiſt with double Evacuations; becauſe the one encreas'd, the other leſſens, and, *vice verſâ*, as *Sanctorius*, *Pitcairn*, and others, juſtly obſerve; hence *Confectio Eracaſtorii*, or *Diaſcordium*, being deſign'd as a Diaphoretick, or a Promoter of Sweats, and an Aſtringent; it would be an Inconſiſtency to blend it with Honey, which all know, is very apt to go downwards; and I only wonder it had never been obſerv'd before.

It carries off Humours by the Pores of the Skin, and binds; and therefore ſtrikes at revulſing the Humours, as well as ſtops Fluxes; and thus, what would be a *Fomes* to other Diſtempers, is prevented by this judicious Mixture; the torrify'd Rheubarb is alſo binding, the purgative Part being carry'd off by the Fire, the *Terra damnata* is only left, or the binding Part of it. It is a neceſſary Mixture in all *Tormina*, becauſe it is an Opiate.

Electuarium Japonicum.

℞ Coral. rub. pp. ʒ ss. Terr. Japonic. ʒ i. Confect. Fracastor. ſ. mell. ʒ i. Syr. Caryophyll. q. ſ; m. f. Electuarium; de quo capiat Quantitatem Nuc. Moſchat. vel Juglandis, horâ decubitûs, ſuperbibendo Cochl. 3. vel 4. Julapii (proprii).

The Japan Electuary.

Take red Coral prepar'd half an Ounce, Japan-Earth a Dram, Diaſcordium without Honey one Ounce, Syrup of Clove-gilly-flowers what ſuffices; mix, and make an Electuary; of which take the Quantity of a Nutmeg, or Walnut, at Bed-time; drinking after it 3 or 4 Spoonfuls of a proper Julap.

OBSERVATIONS.

THE Ingredients in this Preſcription are, Abſorbents of Humidity, Stypticks, or ſuch as cloſe

cloſe the Veſſels, and Diaphoreticks, that give a different Turn to the Humours; and therefore it is proper in Dyſenteries and Diarrhæa's, in Vomitings, and all Irritations and Evacuations from the Parts, (whether *Stomach*, *Inteſtines*, *Kidneys*, or *Uterus*).

Bolus Leniens.

℞ Rhabarb. opt. Pulv. ℈ i. Sal. Abſinth. gr. v. Syr. Caryoph. q. ſ; m. f. Bolus, ſumendus primo mane; & repetendus ſemel in Septimanâ.

The Lenient Bolus.

Take Powder of the beſt Rheubarb one Scruple, Salt of Wormwood 5 Grains, Syrup of Clove-gilly-flower what ſuffices; mix, and make a Bolus, to be taken early in the Morning; and to be repeated once in a Week.

OBSERVATIONS.

THIS is a gentle Purgative, given in Fluxes; but 'tis ſo gentle, that a weak Conſtitution will digeſt it without any Trouble; nay, it may be ventur'd on in a malignant Fever: But, to ſay the Truth, the *Doctor* ſeem'd always to have one Maxim in View, which was, *to do no Harm to his Patient*; but, in my Opinion, a little more would but do, and have anſwer'd his End very well too.

Hauſtus Hypnoticus.

℞ Aq. Lactis alexit. ℥ i ſſ. Cinnam. h. mirab. ā ℥ iii. Confect. Fracaſtor. ſine Melle ℥ i; m. f. Hauſtus ſumendus h. ſ. poſt Purgationem.

The

The Hypnotick Draught.

Take alexiterial Milk-Water one Ounce and half, Barley-Cinnamon-Water, Aq. mirabilis, of each ʒ Drams; Diaſcordium without Honey one Dram; mix, make a Draught, to be taken at Bed-time after Phyſick.

OBSERVATIONS.

THIS is a Draught to repair the Spirits, and curb the *Super-purgation.* I am ſurpriz'd at a full Doſe of Diaſcordium, and half a Doſe of Phyſick; but why ſhould I?

Electuarium reſtringens.

℞ Conſerv. Roſar. rub. Abſinth. roman. ā. ʒ vi. Corall. rub. pp. ʒ ii. Terr. Japonic. Pulv. Rubig. Chalyb. ā. ʒ i. Syr. e Conditur. N. M. q. ſ; m. f. Electuarium; de quo capiat Quantitatem Nuc. Moſchat. major. omni mane & quintâ

quintâ pomeridianâ, ſuper-bibendo, *&c.*

The Binding Electuary.

Take Conſerve of red Roſes, of Roman Wormwood, of each 6 Drams; red Coral prepar'd 2 Drams; Japan-Earth powder'd, Ruſt of Steel, of each a Dram; Syrup of Clove-gilly-flower what ſuffices; mix, make an Electuary; of which take the Quantity of a large Nutmeg every Morning, and at five in the Afternoon, *&c.*

OBSERVATIONS.

TO ſhut the Mouths of the Veſſels, to give Strength to all the Fibres, and to dry up the ſuper-abounding Moiſture, are all the Requiſites to cure a Flux; therefore this is an admirable Aſtringent; but alſo it clogs not the Stomach, as moſt of the common reſtringent Medicines do; becauſe of the Mixture with the Wormwood, which contains a hidden Acid in it, and gives there-

therefore an Appetite, and ſtrengthens the Stomach.

It muſt be, however, obſerv'd, that *Bilious Diarrhœa's* can't bear any Thing of Wormwood; becauſe it is amicable to Bile, and of *ſimilar* Particles with it; and therefore would too much ſtimulate the Mouths of the gaping Glands: However, in ſuch a Suppoſition, leaving out the *Conſerve of Wormwood*, the Electuary is an effectual Remedy. I always preſuppoſe gentle Evacuations, but proportion'd to the Quantity offending; as I ſhall have Occaſion ſomewhere to diſcloſe.

The Julap the *Doctor* us'd to order to be drank after this Electuary, was the following:

Julapium ſtomachicum.

℞ Aq. Lact. alex. ℥ viii. Cinnam. h. Abſinth. maj. Compoſ. ā. ℥ iv. Sacch. albiſſ. q. ſ; m. f. Julapium; cujus capiat Cochl. iv.

The

The ſtomachick Julap.

Take alexiterial Milk-Water 8 Ounces; Barley-Cinnamon-Water, the greater Compound Wormwood-Water, of each 4 Ounces; fineſt Sugar what ſuffices; mix, and make a Julap; of which take 4 Spoonfuls.

OBSERVATIONS.

'TIS Cordial and ſtomachick, and therefore reſtores the flagging and drooping Spirits, as alſo gives an Appetite, and digeſts what is taken; it ſtrengthens the lax Tone of the Fibres, and therefore ſuffers not the Stomach and Inteſtines to yield to the Weight of the Contents, which would otherwiſe puſh their Way downwards; but alſo all Brandy Spirits have the ſame Effects within us, as we ſee they have on other Bodies; now in Salts that are ſet to cryſtallize, 'tis obſervable they ſooner conglomerate with a little Brandy, or Spirit of Wine, firſt put to them, than when left to themſelves; which happens from

from this, that the Spirit abſorbs the watry Particles; ſo in Caſe of *Diarrhœa's* from a *ſuper-abundant Serum*, the Brandy abſorbs Part of it And, moreover, as 'tis obſervable that Spirit of Wine put to *Serum* of Blood, coagulates it into an *Offa*; and as the Application of it to a bleeding Veſſel, ſtops it; ſo has it the ſame Virtue in a *Diarrhœa* from *Serum*; and therefore *ſpirituous Cordials* in ſuch a Caſe are us'd, and not without Succeſs.

Electuarium ſcorbuticum.

℞ Conſerv. Abſinth. Roman. Roſ. rub. ā. ℥ ii. Spec. Diambr. ſ. O-dor. ℥ i. Pulv. Ari. Compoſ. ℥ i. Chel. Cancror. Oc. Cancror. pp. ā. ℥ i. ſſ. cum ſ. q. Syr. e Cortic. Citri; m. f. Electuarium molle; de quo capiat Quantitatem Caſtaneæ mane & veſperi, & cubitum iturus; ſuper-bibendo Cochl. 3. vel 4. Julapii proprii.

The

The ſcorbutick Electuary.

Take Conſerve of roman Wormwood, Conſerve of red Roſes, of each 2 Ounces; Species Diambræ without the Scents, and Powder of Aron compounded, of each a Dram; Crabs Claws, Crabs Eyes prepar'd, of each one Dram and half; Syrup of Citron-Peel what ſuffices; to make a ſoft Electuary; of which take the Quantity of a Cheſnut, Morning, Evening, and at Bed-time; drinking after it 3 or 4 Spoonfuls of a proper Julap.

OBSERVATIONS.

I Have known him preſcribe it without the Aron Powder; but that Difference is ſmall.

'Tis level'd againſt all Acidities, ſerous Humours, and Phlegm; and therefore is good where ſuch Particles lodge in the Canal of the Stomach and Inteſtines, raiſing Heart-burns, Cholicks, and Anxieties there; as alſo againſt Hickups from theſe Cauſes:

Cauſes: It clears the Blood of thoſe pertinacious Salts that reign in it, which occaſion blue Spots, putrid Gums, Scurfs, wandring Pains, ſhort Breathings upon Motion up Hill, Straitneſs of the Breaſt, Palpitations, erratick Fevers, profuſe Sweats, Vertigo's, diſturb'd Reſts, and, in ſhort, all the Symptoms of a *cold Scurvy*. I am, however, not here doubting, but Scurvies may proceed from ſuch Salts as this Remedy will not reach; ſuch, for Example, as proceed from our Diet, impregnated with a mineral Salt, as it too oftens happens unheeded; and in ſuch a Caſe, let the Phyſician enquire into the Nature of the Soil where his Patient lives; and having found out the peculiar Salt that reigns under Ground, (as Mr. *Boyle* adviſes in his *General Hiſtory of the Air begun*), after which you muſt ſpecificate your Antidote to this Salt, that impregnates your Waters, and then you may do ſomewhat towards the Eradication of the Cauſe; but I here ſuppoſe a Phyſician a good Naturaliſt and Chymiſt.

Tin-

Tinctura Hieræ Noſtra.

℞ Tinctur. ſtomachic. mag. (ſine Maſtiche & Spic. Nard.) ℥i ſſ. Aq. Pæon. Comp. ℥i; m. f. Hauſtus primo mane ſumendus, cum levi Cuſtodiâ.

The Doctor's *Tincture of Hiera.*

Take the magiſterial Stomach-Tincture, without Maſtick and Spikenard, one Ounce and half; compound Pæony-Water one Ounce; mix, and make a Drought; to be taken early in the Morning, with gentle Care.

OBSERVATIONS.

THE *Doctor* ſeem'd to level at the expunging uſeleſs Compoſitions; he did well in *Diaſcordium*, and ill in this. Every Body knows, that the *Spikenard* is an *Aromatick*, and therefore *carminative* and *ſtomachick*; and why it ſhould be rejected is not known; the *Maſtick* is *hot*, *bitteriſh*, *fetid*, and *aſtringent*; all which

which Vertues are communicable to the Wine, (ſave the Aſtringency) therefore I ſee no greater Reaſon to reject it; ſince it warms, nay, and irritates and promotes an Evacuation. I do know ſomewhat in the Compoſition may be better ſpar'd, which I ſhall have Leiſure to mention ſomewhere.

Wherever a gentle Purgative is requir'd, this is good; as indeed in moſt Caſes they are; for caballine Medicines neither become a Chriſtian Phyſician to preſcribe, nor a Patient to take; therefore they are good in the following Caſes; in ſleepy Diſeaſes, in Palſies, in phlegmatick Caſes, Jaundices, Scurvy, Vertigo's, and wherever *Phlegm* or Obſtructions infeſt us; alſo in nocturnal Sweats, according to the Divine *Coan*: They are of Uſe in Scurfs, Ulcers, diſcolour'd *Menſes*, becauſe they carry off Salts or Serum; in an *Anaſarca*, in Cholicks, in ſtomachical Coughs, as *Waldſchmidt* affects to talk; in *infantile Convulſions*, becauſe, as *Baglivi* affirms, and I have experienc'd, they proceed moſtly from the *acid Saburra* neſtling in the Sto-

Stomach; at the Decline of Fevers, nay, in malignant ones, when there is a concocted Urine, and which I have often try'd with Succeſs. In the Decline of a *Rheumatiſm*; that is, after 14 Days Time; for in the Vigour of one they are dangerous; and in the Decline of a Pleuriſy, when the Spitting ceaſes, or is at leaſt much leſſen'd, and the Patient pretty well recover'd. But in a confirm'd Conſumption, where the Lungs are corrupted and ulcerated, or indeed any *Viſcus* ſpoil'd, they are hazardous. It muſt alſo be remark'd, that greater Doſes are requir'd to Sailors, or ſuch as live near the Sea; which ſurpriz'd me at firſt, not knowing any Reaſon why my Patients at the Seaſide ſhould require more than others, till *Bartholin* clear'd up my Difficulty. 'Tis obſervable, that dry Bodies, ſtrong and robuſt Men, obſtructed ones, they that are not accuſtom'd, Melancholicks, phlegmatick Perſons, are hard to move; but the contrary, eaſy. In fine, Cathartick are good, and requir'd wherever there are Signs of Concoction, or any *Impetus* in the Blood. However,

ever, one political Caution I adviſe you to; which is, never to give ſtrong Phyſick to unknown Patients; becauſe *Peccata Omiſſionis ſunt leviora Peccatis Commiſſionis.*

Infuſum Cardiaco-ſtomachicum.

℞ Abſinth. roman. ʒ ſſ. Flor. Anthos, p. i. Rad. Gentian. Sem. Coriandri, ā ʒ i; infunde ſimul in Aq. Bullient. lb. ſſ; f. Colatura; cui adde Aq. Pæon. Comp. Aq. nephritic. ā. ʒ iii; m. f. Infuſum.

The Cordial Stomach-Infuſion.

Take roman Wormwood half an Ounce, Roſemary-Flowers one Pugil; Roots of Gentian, Coriander Seeds, of each a Dram; infuſe them in half a Pound of Boyling-Water; ſtrain it; add compound Pæony-Water, Nephritick-Water, of each 3 Ounces.

OBSERVATIONS.

THIS is a ſmall Variation of the common Infuſion the *Doctor* uſually preſcrib'd; it is ſomewhat more *carminative* and cordial than the common; and therefore in colder Stomachs it agrees better; by which I mean, ſuch Stomachs as are much loaden with *Phlegm*, which lies heavy upon the Part, and is a *Fomes* for Wind, and raiſes Cholicks and Pains in the Stomach. The Doſe is 5 or 6 Spoonfuls before and after Dinner. He ſometimes order'd half a Pound, or one Pound of Spaw-Water upon it Morning and Even-ing, in Caſe of Want of Stomach.

Pillulæ Encoprotica.

℞ Pil. Stomach. cum Gum. Extract. Rudii. Spec. Diambræ ſine Odorat. ā 3 ſſ. cum ſ. q. Syr. Violar. m. f. Pil. minor. quarum 1 capiat horâ

horâ decubitûs, & tres manè, diebus alternis, ſine Cuſtodiâ; augendo vel minuendo Doſin pro ratione operationis.

The Encoprotick Pills.

Take Stomach Pills with the Gums, Extract of Rudius, Species Diambræ, of each half a Dram; with what ſuffices of Syrup of Violets; mix, and make ſmall Pills; of which take one at Bed-time, and 3 in the Morning, every other Day, without any Reſtraint, encreaſing or diminiſhing the Doſe, according as it works.

OBSERVATIONS.

IN four Pills there will be 15 Grains of the Purgative, which is a ſmall Quantity: However, it will ſerve to preſs the *Faces* forward, and, in Perſons eaſily mov'd, may a little carry off ſome Humours; 'tis chiefly levell'd at making Nature perform her Office once in 2 Days, which is enough for weak People, and in Patients that live upon ſpare Diet;

and therefore is good in *hyſterical* Patients, who are generally troubled with *Extreams*, *Coſtiveneſs* or *Fluxes*; for ſuch Medicines as are harſh, are not us'd in ſuch People; and, *in general*, *all Medicines that are purgative*, *diſagree* with the Weak, the Old, Infants, *continual Fevers*, in *Fluxes of Blood*, *Child-Bed-Women*, the *Hyſterical* and *Hypochondriacal*, the *Pleuritick*, in *Ulcers*, in the *Conſumptive*, in *Gravel*, *acute Cholicks*, *Vomitings*, *Faintings*, in the *Fits* of an *Aſthma*, and in *Ruptures*.

Pilulæ Allioticæ.

℞ Chel. Cancror.. pp. Oc. Cancror. pp. ā. ʒi. Pulv. Haly ʒſſ. cum q. ſ. Syr. de Althæâ; m. f. Pilul. minores, (obruant. Pulvere Ocul. Cancror.) quarum ſex capiat mane quotidie, & veſperi, in Cochl. Julapii (proprii.)

The

The alterative Pills.

Take Crabs Claws prepar'd, Crabs Eyes prepar'd, of each a Dram; Powder of Haly half a Dram, Syrup of Althæa what ſuffices; mix, and make ſmall Pills, (roll'd up in Crabs-Eyes-Powder); of which take ſix Morning and Evening, in a Spoonful of the *common Julap*, drinking after 'em 4 or 6 Spoonfuls of the ſame.

OBSERVATIONS.

NEVER was a Preſcriber more uniform; and conſequently, ſomewhat new from ſo great a Man was never expected; nor could he therefore ever gain his Reputation by this Turn: But may not a well-turn'd Head, and a ſtrong Pocket, ſerve the Turn as well? Surely it may.

Theſe Pills are the ſame as the *Electuarium Phthiſicum* mentioned before: They therefore act by deſtroying *Acidities*, ſheathing *acrimonious Salts*; and therefore they allay *Coughs* and *Ticklings* in the *Bronchiæ*, and

ſmooth any *Dyſuries*; they precipitate ſuch Combinations from the Blood by Urine or the Pores.

I have before obſerved the Efficacy of ſuch *Alcalies* in ſtubborn Caſes; I muſt further obſerve, that *England*, abounding with *vitriolik Salts* in its Soil, as is obſervable by the Stones cut out from their Bladders, or thrown out from their Kidneys, which, when calcin'd and powder'd, often follow the *Magnet*, as *Liſter* obſerves; theſe teſtaceous Medicines hinder theſe Congelations and Unitions in the *Embryo*; and ſo they are precipitated by Stool, and never enter the Maſs of Blood; and conſequently they both prevent and cure ſuch *Concretions*, if not confirm'd.

Electuarium Ecphracticum.

℞ Conſ. Roſ. rub. Abſinth. rom. ā. ℥iſſ. Chel. Cancror. pp. ʒii. Spec. Diambræ ſine Odor. ʒi. Chalyb. cum Sulphur. pp. ʒi. cum. ſ. q. Syr. e Cort. Citri; m. f. Electu-

arium

arium molle; de quo capiat Quantitatem Caſtaneæ mane, veſperi, & horâ decubitûs, quotidie ſuper-bibendo Cochl. iii. vel iv. *Infuſ. amar. ſtomach.*

The deobſtruent Electuary.

Take Conſerves of red Roſes, and Roman Wormwood, of each one Ounce and half; Crabs Claws prepar'd 2 Drams, Species Diambræ without the Scents one Dram, Steel prepar'd with Sulphur one Dram, Syrup of Citron-Peel what ſuffices; mix, and make a ſoft Electuary; of which take the Quantity of a Cheſnut Morning, Evening, and at Bed-time; drinking upon it 3 or 4 Spoonfuls of the *bitter-ſtomach-Infuſion.*

OBSERVATIONS.

THIS is a Medicine that is *aperient*; and therefore after proper Evacuations, cauſes a Return of the *Menſes*; for, as Dr. *Friend* obſerves, the *Pondus* of the Blood will encreaſe, and thus will dig open the

Obſtruction; for its Viſcidity decreaſing, and its Moment encreaſing, is all that is requiſite, (when the Obſtruction depends not on any Crime of the ſolid Parts.)

But I muſt again obſerve, that the Doſe is ſmall, and will do little: I ſhould rather adviſe it thus in the *Menſes* obſtructed.

℞ Limatur. Martis cum Aceto pp. ʒi. Cinnam. Nuc. Moſchat. ā. ʒi. Rhabarb. Elect. ℈i. Specier. Aromat. roſat. ℈ii. Mellis optime deſpumat. Sacch. albiſſ. ā. ʒvi. m. f. Electuarium; cujus capiat Magnitudinem Caſtaneæ horis medicis, ſuper-bibendo *Infuſ. amar.* Cochl. vi. vel *Vin. Abſinthit.* Hauſtulum.

I muſt add, that a Vomit of *Vinum benedictum*, in a robuſt Perſon, ought to precede the Uſe of this Electuary, (which muſt be filtred, as all *Antimonial* Preparations ought to be); and then they are to take it in the following Manner, and with the following Directions, which ſeldom fails of Succeſs, (as I have known practis'd by an eminent *Paduan* Phyſician):

ſician): After this *Emetick*, ſhe is to take the Quantity of a Cheſnut of the Electuary; drinking after it a Glaſs of Wormwood-Wine, and uſing forcible Exerciſe for an Hour after, (ſuch as Walking up Hill, or otherwiſe), and continue to do ſo for 3 Days; the 4*th* Day let her take early in the Morning one or two good large Pills of *Extract. Panchymagog.* (which Quantity is ſufficient, if it anſwer 5 or 6 Times; otherwiſe to be given to the Number of 3 or 4, or what will anſwer); after which ſhe muſt continue to take the Electuary and Pills, as now ſaid, till within ſix Days of the Time ſhe expects her *Menſes*; and the Body muſt, all the While, be kept ſoluble, (by one of the Pills at Bed-time); ſix Days before ſhe expects 'em, let her bleed on the *Saphana*, to the Quantity of five Ounces; and let her take ℈ ſſ. *of Caſtor.* and *Troch. Myrrh.* in Pills twice a Day with *Savin-Whey*; and at the ſame Time thruſt in a *Peſſus* every Night of *Succ. Mercurial.* and *Fell. Bubul.* in which Cotton is dipt, and this ſew'd up in a Sarcenet, in

the Form of a *Peſſus*. This Method is pretty certain in the moſt obſtinate Obſtructions, that have not at all yielded to the ordinary Methods: But it muſt be remark'd, that I do not here ſuppoſe you have to deal with *marcid* and *meagre* Perſons; for, as *Foreſtus* well obſerves, it would be acting the Empirick, to promote the *Menſes* in languid Women.

I cannot commend *Chalybeats* in Obſtructions of the Liver, whoſe mineral Salt may endanger an Induration of this *Viſcus*; and *Waldſchmidt* juſtly enough obſerves it, that they are dangerous in *Scirrhi* of this Body.

This particular Preſcription is level'd at *hyſterical* Perſons, who generally want Spirits, as well as have a lax Habit of the Fibres.

'Tis generally order'd, that whoever takes *Steel Medicines*, ſhould uſe Exerciſe after 'em; which is generally true: However, *Claudinus* gives us to underſtand, that they are to be given in Bed, if they ſhould raiſe Diſturbances with Exerciſe: And this I learnt by a young Gentlewoman's

woman's Caſe, who, in the Time of Exerciſe, bore 'em not, but well enough without it.

It muſt be remark'd, that *Chalybeats* are very diſagreeable to Perſons troubled with *Catarrhs*, *Coughs*, and any Stuffings in the Lungs; becauſe of their *aſtringent* Particles, that too much ſtraiten theſe Parts, and occaſion *Aſthma's*; by which I mean, the *humid Aſthma's*; for in the *hyſterical* one they are not amiſs.

Primroſe, *Morb. Mulier.* p. 176. informs us, that if they are not thrown off, *Clyſters*, or gentle *Cathartick*s, are requiſite to make them paſs; not that I believe St. *Quintin*'s Reaſon to be at the Bottom of this Caution.

If *Sennertus* judge a right, in ſaying, *Aperients* ought always to be blended with ſome *Aſtringent*, *Steel* is a good Example of it, and the *Doctor*'s Preſcription is leſs amiſs, for the *Conſerve of Roſes* being Part of the Compoſition; though, if I were left to my own Choice, I would rather omit it; and indeed I cannot ſay why, when the Indi-

cation is the opening any Obſtruction, any *Aſtringent* at all ſhould be given.

Emplaſtrum ſimplex.

℞ Emp. Diachyl. cum Gum. q. ſ. f. Emplaſtrum Parti affectæ admovendum.

The ſimple Plaiſter.

Take Plaiſter of Diachylon with the Gums, what ſuffices; make a Plaiſter to be apply'd to the Part affected.

OBSERVATIONS.

A Simple Plaiſter: However, it is to be remark'd, it keeps the Cold out.

Infusum Catharticum.

℞ Fol. Senn. ʒii. Absinth. Roman. p. i. Sem. Coriandri, Cardamom. ā. ʒi. infunde simul in Aq. fontan. ℥iv. f. Colatura; cui adde Syr. e Spin. Cervin. ℥i. m. f. Potio, cum Regimine sumenda.

The Purging Infusion.

Take Leaves of Senna 2 Drams, Roman Wormwood one Pugil; Coriander Seeds, Cardamoms, of each one Dram; infuse 'em together in four Ounces of Fountain-Water; strain it, and add to it Syrup of Buckthorn-Berry one Ounce; mix, make a Potion, to be taken early with Care.

OBSERVATIONS.

THIS *Cathartick* is a very good one, and such as may produce some Effects; it is evident, the Patient has been in Earnest, when the *Doctor* prescrib'd it. It is admirable in an *Anasarca*, or any lax and *ædematous*

matous Tumours; becauſe it is peculiarly adapted to a *ſerous* or *pituitous* Conſtitution; and *Sydenham* cries it up for a Dropſy, call'd an *Aſcites*: But how Phyſick can reach ſuch an one, I muſt confeſs, it is paſt my Apprehenſion; becauſe ſuch Matter is quite baniſh'd out of the Laws of Circulation, and ſtagnates irremediably there; particularly, if the *Aſcites* be of any Standing; for when it is freſh, I am not quite againſt theſe *Cathartick*s, or eſpecially *Diuretick*s; becauſe I find the Bladder inverted, will paſs any Liquid; and why not alſo the *extravas'd Serum* that lies around it, as this actually does, when in the Cavity of the *Abdomen*; becauſe though the Salts of theſe Medicines are alſo ſpilt out of the gaping Orifice; yet they do Good, in attenuating the Waters in the Pond, and keeping them ſo fluid, that the Bladder may admit the attenuated Particles into its Pores, and ſo paſs them away by Urine: Which cannot be done in old *Dropſies*; becauſe in them this *Serum* becomes glutinous, and covers the Bladder, and then nothing can

paſs

paſs that Way; which, (whoever has diſſected Perſons that have dy'd of *Dropſies*) is a known Truth. I would not be look'd on to be ſingular in my Opinion; becauſe I only propoſe what I ſay here, as a probable Conjecture: However, I muſt frankly confeſs, that, were it not for this Mechaniſm of the Bladder, I know not what would become of the Steams of all the *Viſcera*; which, doubtleſs, are converted into *Serum*, and drop down, and are convey'd thro' the Bladder, as the Urine is by its ordinary Channels of the Kidneys and *Ureters*.

Linctus incraſſans.

℞ Syr. Dialth. Ol. Lini f. igne. Amygdal. dulc. a. ℥ ii. Sacchar. Cand. ℥ i. m. f. Linctus, de quo capiat Cochl. unum vel duo frequenter.

Vel

Vel,

℞ Ol. Amygd. d. ℥ii. Syr. de Alth. Capillor. Vener. ā. ℥i. m. f. Linctus; de quo capiat Cochl. i. frequenter urgente Tussi.

The Incrassating Linctus.

Take Syrup of Marshmallows, Linseed Oyl drawn without Fire, Oyl of sweet Almonds, of each two Ounces; Sugar-Candy a Dram; mix, and make a *Linctus*; of which take one or two Spoonfuls often.

Or,

Take Oyl of Sweet Almonds two Ounces; Syrups of Marshmallows, of Maidenhair, of each one Ounce; mix, and make a *Linctus*; of which take one Spoonful often, or when the Cough is troublesome.

OBSERVATIONS.

THE Ancients imagin'd, that these Sort of Mixtures being gently swallow'd down, got immediately to the Lungs themselves, and so allay'd the tickling Coughs that often infest us: As to the main, it is true, but not in that Sense they took it; for nothing passes into the Lungs from the Mouth, but what gives us much Disturbance, and it would make us cough more violently; but any one may remark, that no sooner is a little *Linctus* swallowed, but the Cough is allay'd; but then it must also be remark'd, that the Glands of the *Glottis* very often spue out a *Serum* that irritates violently, and the *Linctus* reaching the Part, allays this Tickling immediately; which yet returns very soon, for that the Cause is not recall'd to another Part, nor the Humour corrected. This Mixture is very good, where the Spit sticks so close to the Lungs, that the Patient is much fatigu'd before he can get it up: In thin Defluxi-

ons

ons 'tis uſeful, in thick'ning of 'em; for *Contraria Contrariis curantur.* Theſe Mixtures are not only good in Coughs, but alſo in Fits of the Stone in the Kidneys, which are larger than ordinary; becauſe they ſmooth and widen the Paſſages; and thus the Stone will more eaſily paſs.

I have known him order an oily Draught, in this Form:

℞ *Ol. Lini. ſine Igne extract.* ℥ i. *Syr. Balſam. Capill. Vener.* ā. ℥ ii. *m. f. Hauſtus, mane & veſperi per triduum ſumendus.*

Viz.

Take Linſeed-Oil freſh drawn without Fire, one Ounce; Balſamick-Syrup, and Syrup of Maiden-hair, of each 2 Drams; mix, and make a Draught; to be taken Morning and Evening for 3 Days.

Such Mixtures relax, lubricate, obtund acrimonious Humours, and relieve Pains.

Pil-

Pilulæ Febrifugæ.

℞ Cort. Peruv. optim. ſubtiliter pulver. ℥ſſ. Ol. Cinnam. gt. ii. Syr. Capillor. Vener. q. ſ. f. Pil. minores, obruente pulvere Corall. r. pp. quarum octo capiat horis alternis, vel horâ quâq; tertiâ, in Cochl. Vini Aquâ admiſti alexiteriâ, ſuper-bibendo Hauſtum ejuſdem.

The Febrifuge Pills.

Take Bark of Peru finely powder'd, half an Ounce; Oyl of Cinnamon 2 Drops, Syrup of Maidenhair what ſuffices; make ſmall Pills, roll'd up in red Coral powder'd; of which take 8 Pills every 2*d* or 3*d* Hour, in a Spoonful of Wine and alexiterial Milk-Water, drinking after it a Draught of the ſame.

OBSERVATIONS.

THESE are to be given in the *Intermissions* of any *Ague*, or the *Remissions* of a *putrid Fever*; and are to be continu'd till they vanish: But 'tis not likely that half an Ounce will do to an adult Person, whatever it may to the Age of Twelve; therefore double the Dose, and then something may be done. It is by no Means safe to give the Bark without previous Evacuations, unless driven thereto by the Necessity of imminent Danger.

If you give it in an *hysterick Asthma*, you must bleed *repetitim*, make gentle Evacuations, and give *Opiates*, apply Blisters, and lastly the *Bark*. In an *Epilepsy* that is periodical, it requires to be given a long Time 'ere it produce its Effect. In an *Hæmoptoë*, you must bleed as the Strength of the Patient will allow; as also according to the Quantity offending, and according to the *Impetus* you must revulse; after which you must give the *Agglutinants*, (as *Starch*, *Gum-Arabick*, *Whites of Eggs*, *Sy-*

Syrups of Comfrey, Mucilages, &c.) or the *Stypticks,* (as *Dragon's Blood, Acacia, Bolus vera, Crocus Martis astringens, Tinctura antiphthisica, Satch. Saturn.* &c.) and *chalybeat* Waters; and, lastly, the *Bark.* But I must own, that, in this Case, I don't believe the *Bark* is given as it is a *Stypick* only, but also because in an *Hæmoptoë,* there is generally a febrile Heat, and the Spitting of Blood returns whenever the *Fever-Fits* come on.

Potio Purgans.

℞ Decoct. Senn. Gereon. ℥iii. Mann. opt. ℥ss. Cremor. Tartar. ℥ss. Aq. Pæon. Comp. ℥iii. m. f. Potio mane sumenda, cum levi Regimine. | ℥ss.

The Purging Potion.

Take Gereon's Decoction of Senna 3 Ounces, best Manna half an Ounce, Cream of Tartar half an Ounce,

Ounce, Compound Pæony-Water 3 Drams; mix, and make a Potion; to be taken in the Morning with a gentle *Regimen.*

OBSERVATIONS.

THIS is a very good and gentle Purge, and will agree with moſt Conſtitutions. Debates have been rais'd in the Schools about *elective Cathartick*s, and ſmall ones they are! For, in Truth, that which in one Conſtitution is a *Cholagogue*; in another, nay, in that very Individual, is a *Phlegmagogue*, or *Melanogogue*; and this is not at all ſtrange, becauſe I have often known, that they have chang'd their Nature, ſo far as to become *Alteratives*: For how often have we known the ſame Medicine work gently with one, and harſhly with another; or how often have I ſeen Phyſick given, work very roughly one Day, which, repeated two or three Days after, wrought gently, and ſometimes not at all? Thus then it is plain, all the *Election* I know in Purgatives, is the Difference of Irritation; which, when

when gentle, irritates the Gall-Bladder; when ſtronger, the Inteſtines, the Glands, and ſo forth. In Caſes where the Head is loaden with a Quantity of *phlegmatick* or *ſerous* Matter, this is a good Revulſive, and carries 'em off ſafely; ſo in dull *Head-Aches*, *Coma's*, *Lethargies*, *Vertigo's*, *Palſies*, *Convulſions*, *Night-Mares*, *Epilepſies*, *Tremors*, *Defluxions on the Head*; in *weak Memory*, *Melancholy*, and other Diſorders of the Part; in *Coughs*, *Aſthma's* out of the Fit, *beginning Conſumptions*, *baſtard Peripneumony*, or *Pleuriſy*; in *Cachexies*, *œdematous* Caſes; in a *Chloroſis*, the *Fluor albus*, in the *Rickets*. Such gentle Evacuants are to be repeated, as the Strength of the Patient will allow of 'em.

Decoctum Pectorale.

℞ Decoct. Pectoral. ſine Hyſſop. lb. iſſ. Aq. Lact. alex. lb. ſſ. Aq. Cinnam. hord. ℥ii. m. f. Apozema;

zema; de quo bibat ad libitum.

The Pectoral Decoction.

Take Pectoral Decoction without Hyssop one Pound and a half, alexiterial Milk-Water half a Pound, Barley-Cinnamon-Water 2 Ounces; mix, and make an Apozem; of which drink at Pleasure.

OBSERVATIONS.

THE *Doctor* us'd Medicines no worse than his Patients; some he quarrell'd, others he caress'd; and I think it may justly be observ'd, that, had he known more, they would have undergone the same Fate. Why Hyssop should be rejected, I know not, nor himself. However, this is to be granted; by ordering the pectoral Decoction in this Manner, it becomes palatable for ordinary Liquor, in most Diseases of the *Lungs*; as *Asthma's*, *Catarrhs*, *Inflammations*, &c.

Pilulæ Hydroticæ.

℞ Extract. Rudii ʒ ii. Resin. Jalap. ℈ i. Spec. Diambræ sine Odorat. ʒ i. Ol. Juniperi gt. iii. cum s. q. Syr. de Spin. Cervin. f. Pilulæ minores; quarum unam capiat horâ decubitûs, & tres manè, bis vel ter in Septimanâ, in Cochlear. *Julap. vulgaris.*

The Hydrotick Pills.

Take Extract of Rudius 2 Drams, Rosin of Jalap one Scruple, Species Diambræ without the Scents one Dram, Oyl of Juniper 3 Drops, with what suffices of Syrup of Buckthorn; make small Pills; of which take one at Bed-time, and 3 in the Morning, twice or thrice in a Week, in a Spoonful of the common Julap.

OBSERVATIONS.

RESINS are apt to gripe, unless mixt with some *aromatick* Oyls; and therefore the Oyl of Juniper

niper is well added; as they ſtick cloſe to the *Plicæ* of the Inteſtines, ſo they irritate, and ſpunge out the Contents from the Glands more laſtingly; ſo that 'tis not uncommon for *Reſinous* Purgatives to continue their Operation moſt Part of the Day: They are not convenient in Colicks, nor any Pains in the Bowels, for this Reaſon; but in Diſorders of the Blood they are very conducive; as in Dropſies call'd *Anaſarca's*, where I don't at all doubt, but the Inteſtines are ſometimes as much bloated as the external Parts; in Eruptions from *ſaline Scurvies*; for that evacuating *ſerous* Humours, the Salts, lodging moſtly in the *Serum*, are alſo carry'd off by Stool; in *Elephantiaſis*, or *Lepra Græcorum*; in moiſt Scabs, in *Gonorrhœa's* ſimple or venereal, (but then mix ſome few Grains of *Mercurius dulcis* with it); in Cold, Headachs; and, in ſhort, wherever *ſerous* Humours abound.

I do look upon this Mixture to be good; but in ſtubborn Diſeaſes the following are far preferible.

℞

℞ M. Pil. Ruffi. ℥i. Antim. Diaphor. Gum. Guaiac. ā. ℥ ſſ. Balſ. Peruv. q. ſ. m. f. Pilulæ. Doſis ℈i. per 30 Dies.

Or,

Take Pills of *Ruffius* one Ounce; diaphoretick Antimony, Gum Guaiacum, of each half an Ounce; Balſam of Peru what ſuffices; mix, and make Pills. The Doſe is one Scruple for 30 Days.

If they are given for 30 Days together, it muſt be done in the *Spring* and *Fall*, and in ſuch Diſtempers as are *Annual*; and Care muſt be taken to keep moderately warm; and that they do not raiſe any *Hypercatharſis*; for when Purgatives are given ſo long together, they are ſuppos'd not to work above twice, or thrice at moſt, which Phyſicians call, working *per Epicraſin*; if they exceed this one Day, you muſt omit 'em for a Day or two; and give leſs next Morning when they are repeated.

As for *Mercurials*, now very commonly us'd, I commend their Uſe; but ſeldom find this *Gentleman* uſe 'em: However, it is to be acknowledg'd, that no grand Matter is done without them; for what Diſeaſe, proceeding from a mineral Salt, will yield, if not equall'd by a mineral Evacuant; and therefore we ſee no great Effects produc'd without *Antimonials*, or them. Thus then you may preſcribe in deplorable Caſes, where Evacuations are required, *viz.*

℞ Merc. d. gr. 15. Antim. reſuſcitat. gr. 4. Conſ. Lujul. quantum ſufficit. m. f. Bolus.

Or,

Take Mercurius dulcis 15 Grains, Antimony reviv'd 4 Grains, Conſerve of Wood-ſorrel what ſuffices; make a Bolus.

I look upon the *Portugal Potion* to be an odd Preſcription: However, not in Uſe amongſt us here; becauſe 'tis not a Cuſtom with us to drink down *Mercurius dulcis*, as Phyſick; though

though I do not at all queſtion, but it will work effectually, if not too much.

In robuſt Bodies, white *Præcipitate*, made with *Mercurius dulcis* into a Mixture, and us'd in Pills, is a good Medicine.

Electuarium Lætificans.

℞ Con. Roſar. rub. Abſinth. rom. ā. ℥iſſ. Anthoſ. ℥i. Spec. Diambræ ſ. O. ℥i. Chalyb. cum Sulph. pp. ℥ii. Oc. Cancror. pp. ℥iſſ. cum ſ. q. Syr. e Cort. Citri; m. f. Electuarium; de quo capiat Quantitatem Caſtaneæ, horâ decimâ mane, & horâ ſextâ pomeridianâ, ſuper-bibendo Julap. vulg. Cochl. iii.

The Letificant Electuary.

Take Conſerve of red Roſes, of Roman Wormwood, of each one Ounce and half; of Roſemary-flowers one Ounce, Species Diam-

bræ without the Scents, one Dram; Steel prepar'd with Sulphur, two Drams; Crabs Eyes prepar'd one Dram and half, with what ſuffices of Syrup of Citron-Peel; mix, and make an Electuary; of which take the Quantity of a Cheſnut, at Ten in the Morning, and Six at Night; with 3 Spoonfuls of the common Julap upon it.

OBSERVATIONS.

THIS differs ſo little from the *Electuarium Ecphracticum*, that it is almoſt the ſame; ſave that here is a greater Quantity of Steel, and an Addition of the Conſerve of Roſemary-flowers; and therefore 'tis more effectual.

If I was minded to make this Sort of Electuary more effectual, I would preſcribe it thus:

℞ Conſ. Flor. Abſinth. Flor. Tamariſci, Enul. Condit. Cort. Citri, ā ʒſſ. N. M. Condit. ʒiii. Spec. Diarrhod. Abbat. ʒi. Chalyb. pp. ʒii. Sal. Abſinth. ϑi. Croc. ϑſſ. Amb. Gryſ. gr. v. Syr.

e

e Conditur. Citri, q. ſ. f. Electuarium; cujus capiat Magnitudinem Caſtaneæ bis de Die, ſuperbibendo Vini Martial. Cochl. ii. Aq. Rut. ℥ii. Saech. Cand. q. ſ. m. f. Hauſtus.

Or,

Take Conſerve of the Flowers of Wormwood, Tamariſc flowers, Elicampane, candied Citron, of each half an Ounce; candied Nutmeg 3 Drams, Species of Roſes of Abbas one Dram, Steel prepar'd 2 Drams, Salt of Wormwood one Scruple, Saffron half a Scruple, Amber-greaſe 5 Grains, Syrup of the Citron-Peels what ſuffices; make an Electuary; of which take the Bigneſs of a Cheſnut twice a Day; drinking after it a Draught made of 2 Spoonfuls of Steel-Wine, 2 Ounces of Rue-Water, and Sugar-Candy what ſuffices.

All the Ingredients in the latter Electuary are *aperient*; and therefore are good to open Obſtructions

any where, whether in the *Uterus*, *Liver*, *Spleen*, or other Parts. I would, however, have you obſerve, that *Filings of Iron* are much ſuperior to *Steel*; for that a great many Particles are evaporated in turning Iron into Steel, which, doubtleſs, prove Efficacious to rouſe the Circulation, and put the Blood into a brisk Motion; and though Steel, by its new Model, receive an *Elaſticity*; yet it is more than a Doubt, that it does not communicate this Virtue to the Maſs; whereas Iron unprepar'd performs all that can be expected from a Drug that is ſo ponderous, (in which, however, it amounts not to the Pitch of *Mercury*), and ſtock'd with Sulphur; whereby it opens, attenuates, incides, and therefore corrects *Phlegm*, and *ſerous* Humours: It alſo, as an earthy Drug, abſorbs *Acids* and *Seroſities*; and has alſo a latent *Styptic*ity, which does good in ſtrengthening the Fibres.

Pil-

Pilulæ Catarrhales.

℞ M. Pil. de Styrace, Gum. Arabic. ā. ʒi. cum. q. ſ. Syr. Balſ. Tolutan. m. f. Pilul. N°. xviii. quarum duas vel tres capiat horâ decubitûs quotidie, in Cochl. Julap. vulgaris, ſuper-bibendo quatuor ejuſdem.

The Catarrh Pills.

Take Storax Pills, Gum Arabick, of each a Dram, with what ſuffices of Balſamick Syrup; mix, and make Pills, 18 in Number; of which take 2 or 3 every Night at Bed-time, in a Spoonful of the common Julap, drinking 3 or 4 Spoonfuls after them.

OBSERVATIONS.

AS no Repeller ought to be made uſe of before proper Evacuations, neither ought any Opiate to be adminiſter'd, before proper Medicines uſed to diſcharge the Plenitude, whether general or particular;

cular; becauſe (ſetting aſide all Hypotheſes) *they are found, by daily Experience, to thicken the Humours, to fix 'em upon the Parts, and to create diſmal Diſorders*; which, with great Eaſe, might be prevented, by diſcharging the Body before their Adminiſtration, ſince there is no immediate Danger in omitting 'em. Give me Leave to make ſome uſeful Digreſſions upon this, which may ſerve to illuſtrate my Meaning. Let us then ſuppoſe a Perſon under a *Salivation*, rais'd to too great a Pitch, ſo that the Glands of the Mouth and Throat are either inflam'd, or ſwell'd without Inflammation, to the Danger of Choaking: In the firſt Caſe, Bleedings and gentle Phyſick; and in the latter, Phyſick and Glyſters are to be us'd, to draw the Bent of the Humours downwards, before we uſe *Stypticks* in *Gargles*, or *Sulphur* in Powder, to ſtop the Flux; for otherwiſe the Courſe of the Humours not being chang'd, or at leaſt the Parts being undiſcharg'd, theſe *Repelling* Medicines would only ſerve to keep the Devil lock'd up in our Veins, and

ſo

ſo deſtroy us; whereas when they are thrown another Way, and the Parts are leſſen'd in their Dimenſions, to almoſt their natural Tone; then indeed theſe Medicines are good to correct the *over-relax'd Fibres*, and fix the *Mercury*, and then only with Safety. Every one knows how prepoſterous it would be for *Surgeons* to make uſe of *Cicatrizers* before the *Ulcer* were digeſted and incarn'd; the Conſequences of which could only be the Tumefaction of the Parts, and a Reproduction of all the Symptoms afreſh. In fine, in a *Catarrh* the violent Afflux of Humours to the Lungs, diſtends 'em beyond their ordinary Tone; which Diſtenſion requires Evacuations, by *Bleeding*, *Cathartick*s, *Bliſters*, *Setons*, or ſuch like, to unload this *Viſcus*; but alſo to *change the Motion*, which is in Fault too; and thus when they are reduc'd to their natural Dimenſions, and the Humours become leſs impetuous; then 'tis Time to adminiſter theſe *Opiates*, to hinder the Afflux, to allay the Irritation, to quell the Hurry; in ſhort, to take off the *Cough*: However, I would adviſe all

Practitioners to take Notice in ſuch a Caſe, always to preſcribe along with the *Opiate* ſome gentle *Aſtringent*, to cloſe the gaping Mouths of the Glands. The *Doctor* has here added *Gum Arabick*; becauſe without a Corrector of the *acrimonious* Humours, what avails an *Opiate?* but to allay the Tickling, which would of Courſe return, if the *Acrimony* did remain. However, I look upon the Doſe in the *Recipe* to be too ſmall, and to be like to do little Service in Adults; and therefore if it is found to be ſo in any Individual, 'tis not doubted but the Phyſician or other, will judge it proper to grow upon the Quantity; as every Preſcriber will find that he is oblig'd to do, if ſuch a Preſcription be found of daily Uſe; ſo that nothing in Medicine is found to require encreaſing the Doſe more than this Drug, till we attain our Ends.

I ſhall not look upon, as any Secret, a Preparation of *Opium*, which, I'm told, is the *Baſis* of the *Earl of* Darwent-Water's *Powder*; and which has been found one of the beſt Preparations of its Kind.

I find it thus in a Gentleman's Dictates, communicated by *Signor Pippi*, then Profeſſor of *Padua.*

℞ *La Tintura di Opium, (lavatà primo con Aceto deſtillato el quale Aceto ſi Evapora & poi ſi getta Sopra lo Spirito di Vino; & Così ſe ne Cava la Tintura per-fetta) Extratto di Zefferano fatto con Spirito di Vino ā. un Oncia, Magiſterio ò Sal di Perle & di Coralli, ā. mezz' Oncia; Tintura di Spetie di Diambra drachm. ſette; Ambra Gryſea Drachm. una. m. & coagola con Calor lento di Bagno, & ſerba per farve Pilule. Doſ. Gr. tre,* &c.

I have known this given (with an Addition of ſome peculiar Drugs, and roll'd up as a *Goa-ſtone*,) with great and ſurprizing Effects on ſeveral Occaſions: But to uſe *Opiates* indifferently, is an odd and dangerous Practice; therefore I need not here repeat the Cautions I have mention'd above.

Bolus Alexiterius.

℞ Pulv. e Chel. Canc. c. Rad. Serpentar. Virgin. ā. gr. xii. Syr. Caryoph. q. ſ. m. f. Bolus, quâq; horâ ſextâ repetendus, ſuperbibendo Julap vulgar. Cochl. iv.

The Alexipharmack Bolus.

Take Gaſcoign's Powder, and Powder of the Root of Virginian Snakeweed, of each 12 Grains; Syrup of Clove-gilly-flowers what ſuffices; mix, and make a Bolus; to be repeated every ſixth Hour; drinking after it 4 Spoonfuls of the common Julap.

OBSERVATIONS.

THIS Bolus is a mighty Recruiter of the Spirits in *malignant Fevers*, where the Spirits are low, the Pulſe is weak, and the Heat of the Blood is deficient, in which the Extremities generally grow cold; for by the *Fœtor* of the Root we ſafely argue, that it contains a vola-

volatile Salt and Oyl, which are active Principles, and do exagitate the Maſs, attenuate it, and make its Texture ſo open, that the minute and *nimble Agents* in it are eaſily parted with, from it, into the various *Glands*; and, among the reſt, into the *Cortical Glands* of the Brain: From whence it comes to paſs, that a plentiful and ſufficient Secretion into them, recirculating into the Maſs, does a'new revive, and give Life to the drooping Circle, and maintains the Circulation, till a good Chance comes up. The *Doctor* order'd this in a continnal *Faintneſs*; and the Patient, wearied out with Want of Succeſs, apply'd to ſuch Aſſiſtance as gave 'em Reaſon to blame an admirable Drug: What gives Credit in Phyſick, but the Diſcovery of the Cauſe? How ſhall a Cauſe be diſcover'd without a full Enquiry into all the evident, as well as the internal Cauſes? How ſhall the Diſcovery of theſe Cauſes be attain'd to, without the neceſſary Diſpoſitions of knowing 'em? Who ſhall diſcover them, if they are ignorant

of

of the Conſequences of natural Cauſes? Who are capable of doing this, but ſuch as are qualify'd with the perfect Knowledge of our Structure, the Principles by which natural Cauſes act, and the permanent Cauſes that immediately affect us? Who knows theſe ſave the *Philoſopher*, the *Anatomiſt*, the *Chymiſt*, the *Mathematician*, the *Pharmaciſt*, and the *learned Obſerver?* I would not here be thought to glance at any inferior Branch of Phyſick; 'tis to be own'd, I would ſooner truſt my Life with an experienc'd *Apothecary*, than a raw, and unexperienc'd *Academiſt*, who knows nothing but by Rote.

It is admirably good in *anomalous Gouts*, to puſh it to the Extremities, and expel it from the internal Parts, after other proper *Stimuli* firſt being us'd. It corrects all *Acids* any where, and deſtroys any *viſcid Phlegm*: It promotes *Sweat*, and ſo carries off the Particles that offend in the *Blood*, *Spirits*, or *ſecretory Ducts*.

Hence

Hence it is convenient in *ſerous Catarrhs*, in the *malignant Meaſles*, or *Small-Pox*, as well as in *malignant Fevers*; in a *Gangrene*, in the *Plague*, an *Anaſarca*, a *Palſy*, *Convulſions* from *cold Humours*; in the *cold Scurvy*, and in *Hyſterical* Perſons. But whilſt the Stomach is fill'd with a *Saburra* that is *viſcid* and *acid*, 'tis Bad; as alſo in *Atrophies*, in *Women with Child*, in Diſeaſes where there is a Defect of *Serum*, in *bilious* and *hectical* People, in *Polypi* of the Heart; becauſe they cannot bear *Diaphoreticks*, nor in *plethorick Habits*.

Diaphoreticks ſhould be *elective*; that is, agreeable to the preſent State; and ſome *Lenients* ought to be premis'd, before their Adminiſtration.

Some diſpute, whether after Sweats the Sheets and Shirt ought to be chang'd: But ſurely when the Sweats become *ſymptomatical*, after they have been *critical*, what forbids it? For ſuch, all know, are not to be encourag'd, according to *Pet. Salius Diverſus de Feb. Peſtilent.* And therefore as no greater Com-

fort

fort can be granted to the Sick, than dry, warm, and clean Linen, I ſee nothing that can forbid ſuch a neceſſary Change.

Hauſtus Anodynus.

℞ Aq. Lact. Alex. ℥ ii. Pæon. Comp. ℥ ſſ. Syr. de Mecon. ℥ i. Extract. Op. Thebaic. gr. i ſſ. m. f. Hauſtus horâ ſomni ſumendus.

The Anodyne Draught.

Take Alexiterial Milk-Water two Ounces, Compound Pæony-Water half an Ounce, Syrup of white Poppies one Ounce, Extract of Theban Opium one Grain and half; mix, and make a Draught; to be taken at Bed-time.

OBSERVATIONS.

THIS Draught is aim'd at the eaſing violent Pains any where, or violent Fluxes, whether of

of Blood or Humours: But 'tis ſomewhat ſtrong, and therefore level'd againſt ſuch Diſorders in ſtrong Conſtitutions only; for what weak one can bear upwards of two Grains and half of *Opium?* Take Care of *inflammatory Cholicks*; for they are more fix'd by ſuch a Procedure; which are only remedy'd by repeated *Bleeding*, *ſmooth Medicines* by the Mouth, and *emollient Glyſters*, and *Fomentations*: The *Iliack Paſſion* is alſo to be treated cautiouſly; and Care muſt be taken not to adminiſter *Opiates*, but upon abſolute Neceſſity; for they fix the Humours too much, but alſo hinder the *periſtaltick* Motion, ſo that the *Fæces* will perhaps never paſs; for if we conſider how much they are impeded before in their Deſcent, and that a freſh Impediment is ſuperadded, what Medicine will be ſtrong enough to equal ſuch a double Bar? Beſides, in ſuch a Caſe, the *Fæces* ſticking too cloſe to the Inteſtines, a *Gangrene* frequently enſues, in old People, without any previous, or very little Inflammation at all; as I have known it happen to old People

on

on the external Parts; where a ſmall Diſorder begins to ſhew its Head, and is for ſome Time unheeded, (becauſe not worthy their Remarking as they ſuppoſe); but at laſt ſurprizingly terminates in an incurable *Gangrene*; for when the Fountain runs dry, how ſhall the Streams be ſupply'd? I muſt here adviſe one Thing concerning *Opiates* given in inflammatory Pains that tend to *Suppuration*: 'Tis true, that you relieve the Pains by it; but it muſt alſo be affirm'd, that they retard a *Suppuration* ſo much, that ſome Parts of the Matter will thereby be lock'd up in a Tract of the Fibres, large enough to create the *Surgeons* troubleſome Work to digeſt, and heal after 'em; and if this ſhould fall out in the *noble Viſcera*, what Remedies are potent enough to correct this Miſtake? I have ſeldom known *Head-aches* receive much Advantage by *Opiates*; but *Coma's*, *Lethargies*, and ſuch like Diſorders of the Head, ſucceed their Uſe; but then you muſt be appriz'd, that this Caution only takes Place, where the Humours, occaſioning this Pain, are

phleg-

phlegmatick or *viſcid*, and the Solids themſelves are diſorder'd. And, as to my own Part, I have frequently met with ſuch *Head-aches*, which I always forbore to adminiſter *Opiates* in, and then I forbore 'em entirely, and gave ſome gentle *Cathartick*s, to revulſe the Humours from the Part affected, which did the Feat much better: But what can be expected in ſuch a deplorable Caſe? only Charity obliges us, ſince we cannot eradicate, to alleviate. Such Medicines are good in the *ſecondary Fever* of the *Small-Pox*; they allay all thoſe Inquietudes and Anxieties that attend them; and alſo help to curb the great Hurry of the Spirits, and the Over-Fermentation of the Blood, uſual at this Time: However, it muſt be carefully heeded, that no Miſtake be committed in paſſing Judgment; becauſe theſe uneaſy Minutes paſs'd at this Time, may not depend on an extravagant *Effervеſcence* of the Blood, but too often only happen from a Defect of Spirits; and as this is the moſt dangerous Caſe, thus you will be ſo far from relieving your Patient with

with *Opiates*, that you will endanger his Life, in an eminent Degree, by the Uſe of 'em; for nothing can rear 'em now, ſave the ſtrongeſt *Alexipharmacks*, and Application of *Bliſters*. It muſt alſo be remark'd, that if the Patient be under the Circumſtances that can bear *Opiates*, and his Condition ſeems to require 'em, it would do well to premiſe a *Bleeding*, if it can be ventur'd on with Safety to the Strength: This is our ingenious *Sydenham*'s Practice, and is confirm'd by repeated Trials now a-Days.

Theſe *Opiates* are excellent in *Frenzies*; but you muſt call to Mind, that, in the Vigour of the Inflammation, or whilſt the utmoſt Rage continues, they rather fix than cure; ſo that they are reckon'd improper till the *Decline* of it, or till the *Frenzy* has been continual for ſome Time. And this is agreeable to the Laws of *Revulſion*, where we are not immediately to repel, or, which in this Caſe is all one, fix on the Organs the offending Matter; either till proper Evacuations have preceded, or till the Continuance of the Symptom

ptom has carry'd off ſome Share of the peccant Matter, whether by *Sweat*, or inſenſible *Perſpiration*; and thus has diminiſh'd the Plenitude of the Veſſels.

In *Madneſs*, after you have *blooded* ſufficiently, given *Vomits*, and *Cathartick*s, and thus have both evacuated the Humours, and brought the Spirits low, *Opiates* at Night give Quiet to the Fury; without which the *nitrous Medicines*, the *Whey-Diet*, avail not; and, in ſhort, *Straw*, *Stripes*, and *Flummery*, without them are not ſucceſsful. I can't, however, ſee why they ſhould merit any Character in *Dropſies*; yet we are not ignorant what Patrons they have acquir'd in theſe Caſes: Indeed, if *Dropſies* depend on ſuch a Cauſe as *Horſtius* names, they are uſeful both externally and internally; but this is indicated upon another Bottom, not as a *Dropſy*. I ſhall not here mention one Caſe, which the *Mahometan* uſes *Opiates* for: If the Ladies would know, let 'em ask.

Pil-

Pilulæ Reſtringentes.

℞ Terr. Japonic. Gum. Arab. Terr. Lemn. ā. ʒi. Tereb. ad Duritiem coct. ʒii. Gum. Tragac. ʒi. cum q. ſ. Syrup e Symphyto ſimplic. m. f. Pilulæ minores; obruantur pulvere Corall. rub. pp. quarum ſex capiat mane quotidie & veſperi; mane ſuper-bibendo Aq. Bathonienſ. lb. i. & veſperi Hauſtum ejuſdem.

The Reſtringent Pills.

Take Japan-Earth, Gum Arabick, Terra Lemnia, of each one Dram; Turpentine boil'd to a Hardneſs, 2 Drams; Gum Tragacanth one Dram, with what ſuffices of ſimple Syrup of Comphrey; mix, and make ſmall Pills, roll'd up in Powder of red Coral; of which take 6 every Morning and Evening; in the Morning drinking a Pint of Bath-Waters upon 'em; and in the Evening a Draught of the ſame.

OB-

OBSERVATIONS.

THESE Pills are good in the *Fluor albus*; becauſe they not only purſe up the Orifices of the Glands of the *Uterus*, which Vertue alone would be hazardous; for that Medicines that have an Effect upon the Fibres only, would ſuffer the Fluids to move on uninterruptedly, and the Parts would be over-ſtretch'd with a Load, which at laſt would force its own Way again; as we find it happen in *Gonorrhœa's*, where they ſeldom obey this Reſtraint long; but here being join'd by *glutinous Medicines*, they having alſo an Effect of thick'ning the Juices, of clogging their Motion; and thus impeded, they ſtop 'ere they arrive at the *Uterus*; and the Parts being leſs loaden, the Humour ſtops more effectually: It is, however, to be obſerv'd, that all *Fluors* require proper Evacuations, before you give theſe *reſtringent Drugs*; not only to evacuate the Plenitude of the prevailing Humour, for this Diſeaſe often happens to lean Women; but alſo

to

to revulſe the deprav'd Motion, by which the Humours once having taken a Bent that Way, by Cuſtom retain it. A Phyſician naturally concludes, when he ſees *Turpentine* preſcrib'd, that it is peculiarly adapted to this *Fluor*; but there is no Reaſon why it may not be preſcrib'd in other *Fluxes*; becauſe the *Rationale* on Medicines is ſomewhat alter'd to what it was; ſince now we do not call a *Drug*, *Cephalick*, or *Uterine*, becauſe it is ſuppos'd to contain ſuch Particles, as are juſt fitted to enter the Pores of ſuch a *Viſcus*, and no other. This, however, is not ſo ridiculous, but that the *Ancients*, nay, and ſeveral *Moderns* have maintain'd it. The Operation of a Medicine is explain'd by its having ſuch Parts as Experiment, or Experience convince us, they produce ſuch and ſuch Alterations on the Solids and Fluids; but the Pores being circular, can only differ in Magnitude; therefore what is a *Cephalick*, will alſo be an *Uterine*, if the *Vitium* be the ſame. Suppoſe then the Nerves are relax'd in the Brain, and thoſe of the

Uterus

Uterus alſo, what will help the one Relaxation, will be an Advantage in the other: Suppoſe again, the *Lymphaticks* of the upper Parts do not reconvey their Juices, will not the individual *Aperients*, order'd in one Caſe, have their Effects upon theſe Veſſels, if they are faulty below? Therefore what will aſtringe in a Diſorder of the *Uterus*, will act its Part, if the Aperture of the Veſſels be in Fault. Let us then ſuppoſe a Perſon labours under a *Fluor albus* from *pituitous* Humours, which, having relax'd the Glands of the *Uterus*, puſh forward in the Form of a *glairy* Subſtance, in ſuch a Quantity as weakens and impairs Health; the Meaſures I would take in ſuch a Diſeaſe, ſhould be the following: Firſt, I would evacuate with *Pills of Rudius one Scruple, Mercurius dulcis ten Grains, Reſin of Jalap 4 Grains, Oyl of Juniper a few Drops*; mix, and make 6 Pills; to be taken early in the Morning, with due Regimen; and to be repeated for 3 or 4 Times, at the Diſtance of 3 or 4 Days. After which give the *Decoction* of *Guiacum-wood* ℥iv.

Morning and Evening for 30 Days; as alſo at the ſame Time I would give a Spoonful or two, or more of the *Gelatina Ichthyocollæ*, boil'd up with *Alkanet Root*, 3 or 4 Times a Day. And at laſt I would give theſe Pills to ſtrengthen the Glands, and cloſe 'em, that no more may ouze from 'em, than what may ſerve to lubricate the Part.

So in a *Gonorrhœa*, you muſt evacuate often, then give *Balſamicks* of *Turpentine*, *Balm* of *Gilead*, *Balſam* of *Peru*, of *Capivi*, or ſuch like, frequently and long; and, laſtly, *Aſtringents*: But the Reaſon of giving *Balſamicks* in *Gonorrhœa's*, which is not done in ſome other *Fluors* is, becauſe in them the *Proſtatæ* are ulcerated, which Accident does not always happen in the other *Fluors*.

Mix-

Mixtura Expectorans.

℞ Syr. de Hæder. terreſt. Capillor. vener. ā. ℥iii. Oxymel. Scillitic. ℥ſſ. m. capiat Cochl. i. vel ii. ſubinde, urgente Dyſpnæâ.

The Expectorating Mixture.

Take Syrup of Ground-Ivy, (or Gill) Syrup of Maiden hair, of each 3 Ounces; Oxymel of Squills, half a Dram; mix 'em; take one or two Spoonfuls now and then, eſpecially when the Difficulty of Breathing attacks.

OBSERVATIONS.

THE other Pectorals we have nam'd above, are moſtly of the oily and incraſſating Species; and therefore are only to be us'd in *dry Coughs*, or ſuch as ſtick cloſe to the *Bronchiæ*, and don't ſlip eaſily up; whereas this is us'd to incide, and to help up Phlegm that lies looſe in the Paſſage; for by its ſaline Particles it gives a Shock to

the internal Membrane of the Lungs and *Trachæa*; and thus a Contraction begun, ſhakes off the Load, and may at Pleaſure be continu'd, till by other Means the antecedent Cauſe is amended, or carry'd another Way. Hence in *wet Coughs* or *Aſthma's* 'tis uſeful: However, it were eaſy to make it more effectual, by adding ſomewhat of *Saffron*, Flowers of *Benjamin*, Salt of *Amber*, or ſome ſuch inciding Drug; nay, and *Syrup* of *Tobacco* is a very potent *Expectorant*: But where a *febrile* Temper infeſts at the ſame Time, 'tis neceſſary to forbear any volatile Pectoral; and only to uſe the cooler *Inciders*, which do the Work without adding any Fuel to the Flame.

Riverius has an uſeful Mixture in ſuch ſudden choaking Fits; which is a Mixture of this *Oxymel of Squills* and *Cinnamon-Water*, which he as univerſally uſes in this Caſe, as he does his *antemetick Mixture* againſt Vomiting.

Collyrium Refrigerans.

℞ Aq. Spermat. Ranar. Plantagin. ā. ℥iii. Aq. aluminoſ. ʒiii. Aq. medicamentoſ. ℥iii. Trochiſc. alb. Rhaſ. ʒi. m. f. Collyrium.

The Cooling Waſh.

Take Frog-Spawn-Water, Plantane Water, of each 3 Ounces; Allum-Water 2 Drams, Water of Lapis Medicamentoſus 3 Ounces, the white Troches of Rhaſis one Dram; mix, and make a Waſh.

OBSERVATIONS.

WHenever the Eyes are inflam'd; that is, when the Arteries being crouded with Blood that is *viſcid*, and the Veins don't return ſo much as they bring, then the little Branches ſtretch'd along the Eye, are diſtended; and this makes the *Adnata* look red, or inflam'd: In this Caſe, this Eye-water, by conſtringing all the Veſſels it touches, they leſſen, and the Part appears no

more red or inflam'd: But if *Bleedings*, *Cuppings*, and *Phyſick*, do not precede; as alſo if the Humours are not revuls'd, what will it avail to apply ſuch a Waſh? Surely very little; for the back Part of the Eye may be endanger'd by it; and thus a *Gutta ſerena* may be hazarded, which is not uncommon after ſuch Neglects; and thus a good Medicine is often blam'd for being us'd by an unskilful Hand. If *Revulſions* are requir'd any where, 'tis in Diſtempers of the *Eyes*, (and indeed of the *Head*, and all its Parts.). Hence the beſt Part of the Cure depends on 'em judiciouſly us'd: *Setons*, *Bliſters*, *Iſſues*, *Cupping*, *Bleeding*, (eſpecially in the *Jugular*), *Cathartick*s; and, in ſhort, all the *Stimuli* are to be us'd, before you apply any Topicks to the Part affected, and are to be continu'd for ſome Time after an Advantage gain'd; becauſe theſe Diſorders are very ſtubborn, and eaſily return; what may be the Reaſon of this, has never as yet been ſatisfactorily accounted for: Sure we are, there is a ſeeming Reaſon why they ſhould eaſily be conquer'd; and

that

that is, becauſe the Blood finding a greater Difficulty to mount than to deſcend; it might hence be reaſonably expected, that it might be very eaſily revuls'd from theſe Parts; and, in Fact, this is Truth; but then they eaſily recur, which to me looks as if the Fault lay not in the *Head* ſo much, as from below. 'Tis uſual we ſee in walking up Hill, for the Legs and Thighs to be preſs'd and ſqueez'd into various Poſtures; and upon this the Blood contain'd in 'em, is ſqueez'd out from the lower Parts, and only circulates freely, at leaſt more plentifully, in the ſuperior Region; hence are the Lungs ſo oppreſs'd, that we grow ſhort-breath'd, and at laſt are oblig'd to ſtand ſtill to eaſe our wearied Limbs, and take off this Oppreſſion, and accidental *Dyſpnœa*; why then may it not happen, that the Head and Eyes may be loaden with Blood from the lower Parts, which may be leſſen'd by ſome unheeded Cauſe that has ſtraiten'd 'em; and therefore in ſuch a Caſe, warm *Pediluvia* that are emollient, will be admirably adapted to ſuch a Cauſe.

One Thing I ſhall remark to you about Diſorders of the Eyes, that *Emeticks* are very ruinous to 'em: As I remember to have ſeen in a Youth, who, upon a common Inflammation, by a Vomit given, it encreas'd the Symptoms into an *Hypopyon*; and not only this, but the whole Coats of the Eye, overloaden with Humours of a ſtubborn Nature, turn'd *Scirrhous*, and at laſt *Cancerous*: The Remedy of which could not be accompliſh'd, unleſs by Dr. *Turberville*'s Method, nam'd in the *Philoſophical Tranſactions*; a Method the Age of the Perſon, the Clemency of the Parents, and the Fear of Want of Succeſs, ſufficiently terrify'd the Operator and Adviſer, ſo as not to venture on it; which, however, I am fully perſwaded, might have been attempted: But ſuch *Herculean* Labours are not to be undertaken, but by ſure and skilful Hands, and by ſuch who have acquir'd a ſettled Reputation.

Elect-

Electuarium Conglutinans.

℞ Conſerv. Rad. de Symphyto, Conſerv. Roſar. rubr. ā. ℥ ii. Corall. rub. præp. ℥ ſſ. Pulv. Haly ℥ i ſſ. Croc. Martis aſtringent. ℥ i ſſ. cum ſ. q. Syrup. e Symphyt. m. f. Electuarium molle; de quo capiat Quantitatem Caſtaneæ, mane & veſperi quotidie; ſuper-bibendo Cochlear. 3 vel 4. Julap. cujuſvis, vel Aq. Spadan. lb. i. vel lb. i ſſ. poſt Doſin matutinam & veſpertinam.

The Agglutinating Electuary.

Take Conſerve of Comfrey, Conſerve of red Roſes, of each 2 Ounces; red Coral prepar'd half an Ounce, Powder of Haly one Dram and half, Crocus aſtringent (of Steel) one Dram and half, with as much Syrup of Comfrey as ſuffices; make a ſoft Electuary; of which take the Quantity of a Cheſnut Morning and Evening; drinking above it 3 or 4 Spoonfuls of any Julap; or one Pound, or one Pound and half of Spaw-Water after each Doſe.

OBSERVATIONS.

THIS is a good Medicine to prevent Miſcarriage; becauſe it is *aſtringent* and *glutinous*; as alſo abſorbs all Humidities; by which Qualities it thickens the Blood and Juices, and purſes up the Mouths of the gaping Veſſels, and ſo prevents any Flux of Blood, from whence the *Placenta* would neceſſarily be looſen'd, and a Miſcarriage would enſue. I would have it obſerv'd, that ſuch Perſons muſt, at the ſame Time, forbear any Sort of Motion, whether Walking, or Commerce with their Spouſes; without which Caution, all the *aſtringent* Tribe of Medicines would fail of their deſir'd Effects, as I have too often known. I ſhall, however, obſerve to you, that there is one Caſe in Women with Child I have met with, which nothing of an *Aſtringent* can reach; and it is, that the Coats, containing the *Colliquamentum* are ſometimes ruptur'd near the Skirts of the *Placenta*; ſo that you ſhall frequently, upon any Change of Poſture,

ſture, or even upon plentiful Feeding, perceive an Efflux of a *Serum*, which is limpid; but which, however, is very *glutinous*, inaſmuch as it ſtiffens the Linnen of ſuch unfortunate Ladies as are held in this Manner; Miſcarriage happens from thence, becauſe the poor Infant is depriv'd of its Neceſſaries for Life; and alſo it endangers the Woman, becauſe when the *Placenta* is not ripe for Excluſion, it ſticks cloſe to the *Cotyledons* of the *Uterus*; and to drive it out, or extract it, you may endanger an Inflammation, or an Abſceſs of the Part: All I could find in this Caſe uſeful was, to refrain from what Motion I have already nam'd, and to continue in that Poſture which Experience taught 'em, the leaſt Quantity was evacuated by; and in ſo doing they have gone to their full Time, though the Children were healthleſs.

Miſ-

Miſtura Cordialis.

℞ Sal. volat. oleoſ. ʒii. Tinct. Croc. Caſtor. ā. ʒi. m. capiat gutt. 15 vel 20, alternis horis in Hauſtulo *Julap. vulgaris.*

The Cordial Mixture.

Take the volatile oily Salt 2 Drams, Tinctures of Saffron and Caſtor, of each one Dram; mix; take 15 or 20 Drops in a Draught of the *common Julap* every 2 Hours.

OBSERVATIONS.

THIS Mixture is profitable to fainting Perſons, and in *hyſterical Deliquia*; for it revives and renews the Spirits; for tho' we cannot diſcover the Spirits, or know in particular what their Texture is; yet we are taught by Experience, that Medicines, which conſiſt of volatile, oily Particles, and ſuch as are of an active Nature, immediately recruit them, and give 'em freſh Motion, and us new Life: However, 'tis obſervable,

ſervable, that ſuch Medicines don't continue their Effects long, but are often to be repeated; which is a Conviction, that we muſt apply at the ſame Time to ſuch Drugs as will take off the original Cauſe of this Failure of Spirits; where the Phyſician is oblig'd to have different Views: For Example, Suppoſe a Patient labours under any *febrile Temperies*, by which the Spirits are evaporated faſter than they are recruited; the giving any ſuch reviving Drug, avails nothing againſt the Cauſe of this Evaporation, (not to mention that *Volatiles* are but ill adapted to ſuch a Caſe) for it really encreaſes it; and therefore though you give it for a preſent Relief, you muſt alſo prevent the Occaſion of this *Deliquium*, by giving ſuch Medicines as are proper for the preſent State the Blood is under; ſuch may be a *Milk-Diet*, *Sal prunell.* and all *nitrous Drugs*, *Spaw-Waters*, and ſuch like. Again, let us ſuppoſe a Perſon labours under this Faintneſs from the Paucity of Spirits, occaſion'd by a *pituitous* or *vappid Blood*, which contains few of 'em,

'em, or at leaſt does not eaſily part from 'em, by Reaſon of the *Viſcidity*; in ſuch a Caſe, this *volatile Drug* is truly uſeful; becauſe it both ſupplies and corrects the *Vitium* in the *Fluids*; which, however, is not potent enough without the Addition of ſuch, whoſe Effects laſt longer in the Blood; ſuch are *Bitters*, and *Steel Medicines*; the firſt of which attenuate the *viſcid* Particles, by diſſolving the Bond that links 'em, I mean, the *Acid* it deſtroys; for as *Bitters* conſiſt of a *fixt*, *alcaline Salt*, and this *Salt* is diametrically oppoſite to all the Effects of *Acids*; they therefore deſtroying this, correct the *Phlegm*, attenuate it, and make the Blood circulate; and thus all the *Secretions* will be rightly perform'd. As for *Chalybeats*, though they may act by their *ſulphureous* Particles; yet *Sennertus*, in *Hypochondriack* Caſes, takes notice, that they alſo act by their *Pondus*, and force open all Obſtructions; and, as the late *mathematical* Phyſicians affect to ſpeak, 'tis all one whether a *volatile Drug*, or a *ponderous* one, be given, ſo the Moments be known; for whether you

you encreaſe the Quantity or *Pondus* of a Drug, or you give a *lify* Agent, the ſame Effects are produced, ſo you be Maſter of the true Proportions.

Enema Laxans.

℞ Decoct. commun. pro Clyſterib. emollient. ℥xii. Syr. Violar. ℥iii. Terebinthin. (ovi vitello Solut.) ℥ ſſ. m. f. Enema ſtatim injiciendum.

The Laxative Glyſter.

Take the common emollient Decoction for Glyſters 12 Ounces, Syrup of Violets 3 Ounces, Turpentine (diſſolv'd in the Yelk of an Egg) half an Ounce; mix, and make a Glyſter; to be thrown in immediately.

OB-

OBSERVATIONS.

GLYSTERS are given in moſt Caſes in the Head; for it often happens, that the *Faces*, ſticking in the *Rectum*, do bear upon the Diviſion of the *Iliack Arteries* and *Veins*, and by ſo doing they hinder the Deſcent of the Blood to the lower Parts; ſo that whilſt they are depriv'd of the Influence, the upper Parts are overloaden; and therefore in ſuch a Caſe, an *emollient Glyſter* is abſolutely requir'd; for thus the Blood-Veſſels will equally circulate their *Fluids* into the various *Ramifications*. 'Tis upon this Head alſo uſeful in *Frenzies*; becauſe not only the *Faces* are render'd ſoft, but alſo the *Glyſter*, lodging in the Inteſtines for ſome Time, ſerves as a *Fotus* to them, relaxes their Coats; and thus all the *Blood-Veſſels*, and all the *Tunics* being relax'd, more Blood and Juices will circulate in them than before; whence other Parts, particularly of the upper Region, will be unloaden, and the *Deliria*, depending upon this Load as one main Cauſe, will gradually

dually ceaſe, if eſpecially at the ſame Time a cooling Diet of *Gruel* and *Panado*, as alſo cooling Medicines, ſuch as *Sal prunellæ* in *Julaps* or *Powders*, be given, and they be kept out of Bed, or in an erect Poſture; for in ſuch a Caſe, 'tis not to be thought how much an erect Poſture is preferrible to an *horizontal* one; and the Reaſon is plain to any one, who will give himſelf Leiſure to reflect; for 'tis certain that the Blood moves faſter or ſlower, more upwards or downwards, as it is favour'd by the Poſture, as may be evident in the immoderate Flux of the *Menſes*; for if you oblige ſuch Women to ſit upright, you will very much encreaſe the Flux; whereas an *horizontal* Poſture leſſens it.

They are good in *Stones* of the *Kidneys*; becauſe the *Glyſter* ſerves as a warm Fomentation to the *Ureters*, and relaxes 'em; ſo that if they contain any *extraneous* Body that puſhes its Way forward, the *Ureters* being relax'd, give Paſſage, and it is expell'd: I have often ſeen the good Effects of them in theſe Caſes.

In

In *inflam'd Bowels* they cool and diſcuſs, as well as relax, and may contribute to eaſe the Pains of the Inteſtines. *Ballonius* takes Notice of an *Iſchury*, which is a Sign of an *ardent Fever*, and which I have known accompany'd with Pains in the *Abdomen*; ſuch *Glyſters* as this will eaſe ſuch Pains, *Iſchury*, and all its Symptoms; becauſe Relaxation cures a *Spaſm*; and this ſeems to be ſome *convulſive* Diſorder of the Parts, which are either thus allay'd, or ſometimes by an *Opiate* added to it, if requir'd by the Violence of the Cauſe, in which you muſt be very cautious.

In Diſorders of the *Breaſt*, *Glyſters* are often very uſeful; for when the *Breath* is ſhort, and there is a Difficulty of Inſpiration, unloading the *Inteſtines* is what gives Room, ſo that the Breaſt will not be ſtraitened: However, in *Hæmoptoës* they are not allow'd, (unleſs ſtrongly indicated); becauſe if ſuch Perſons are oblig'd, even to keep Silence, there muſt, *à fortiori*, be a Neceſſity of doing nothing that may ſtrain the Breaſt; and therefore unleſs the *Styptick*

tick Medicines make it neceſſary, forbear the frequent Uſe of them.

In *hæmorrhoidal* Pains, *Glyſters* are uſeful; but then they ought to be more relaxing, and even oily; ſo that we ſee *Sydenham*, in his *internal Hæmorrhoids*, even orders *Oyl of Linſeed* to be thrown in warm, which both ſoftens the *Fæces*, and relaxes the Parts, and obtunds all *acrimonious* Humours, and gives Eaſe. I know not but it may be of Uſe to obſerve, that, in this Caſe, the *Pipe* may do Prejudice to the tender Parts, unleſs guarded with a *Chicken-Gut* over the *Pipe*; 'tis what I generally order in ſuch Caſes, and find it, thus us'd, very ſafe and uſeful.

All *Glyſters* are uſeful in *Colicks*, becauſe they draw down the Wind; but it muſt, however, be obſerv'd, that *Colicks*, which have their Seat in the *Colon*, are more encreas'd by them, as I have often obſerv'd; becauſe the *Glyſter* irritates and encreaſes the *periſtaltick* Motion; now as the Wind pent up in ſome Cell, is not eaſily driven out of it by an ineffectual Remedy, the Pain, by every ſuch weak Effort, is encreas'd, and the

the Patient grows worſe: Whereas if you give 'em gentle *Cathartick*s, along with *Opiates* by the Mouth, you, at the ſame Time, relieve the Pain, curb the Vomitings, evacuate the *Fomes* of the Wind, and cure your Patient.

They are uſeful, as *Mercurialis* obſerves, where Humours are continually breeding afreſh; which I take to be meant in ſuch a Senſe, as that if Perſons uſe a plentiful Diet, and make Uſe of no Exerciſe, either to throw off theſe *Recrements* by Perſpiration or Stool, then 'tis neceſſary to uſe ſuch gentle Evacuations, in order to abate the Quantity retain'd, and to accuſtom Nature to do her Duty this Way; which is more uſeful in our cold Clime, than in hot Countries, where Evacuations are more copious by the Pores.

If ever you mingle *Coloquintida* in *Glyſters*, you muſt be careful to boil 'em in a Rag; and they muſt be but ſparingly us'd, for Fear of *Exulceration* of the Inteſtines: However, in *lethargick*, or eſpecially *apoplectick* Caſes, *Dekkers* adviſes 'em, even to ſuch a Degree, as will draw Blood,

Blood, which he alſo would have continu'd for ſome Time; but if this be neceſſary, 'twould be eaſier, and with more Safety attempted by Dr. *Cole*'s Method of a *plentiful Extraction of Blood from a Vein*; but take Care of meriting a Name like his, for your own Sake.

I have made Uſe of *Glyſters* in a Retention of a *Mola*, with good Succeſs; and if it can be done thus, 'tis ſafer than by *Vomits* or *Cathartick*s: However, the Signs by which you are aſcertain'd of its being indicated, muſt precede. Alſo in a *Retention* of the *Secundine*, they are good; which proving ineffectual, muſt be drawn out by a careful Hand.

They are then diverſify'd by the Cauſes that affect us; ſo that in *Fluxes of Blood or Humours*, you may order one of Calfs-Head-Broth Eight or ten Ounces, Oyl of Linſeed 2 Ounces, Venice-Treacle 3 or 4 Drams; mix, and throw in.

In *Colicks.*

Take the Decoction of the Aromaticks, (viz. Calamus aromaticus, Galangal, of each half an Ounce; Leaves of Mint, Wormwood, Centory-Tops, of each two Pugils; Seeds of Caraways, Anise-seeds, and Cardamoms, of each half an Ounce); mix with it Electuary lenitive, and *Epsom* Salt, of each one Ounce; Oyl of Amber half a Dram; mix, and make a Glyster, to be thrown in.

In *the Stone.*

Take Oyls of Almonds, and Linseed, of each 4 Ounces; of Turpentine half an Ounce, of Scorpions one Ounce; mix, and throw in.

In *Spasmodick Pains of the Bowels.*

Take the common emollient Decoction 8 Ounces, Unguent. potabile one Ounce, Laudanum Opiatum 4 Grains; mix, and throw it in.

In

In ſhort, wherever People are ſo weak, that they cannot bear Phyſick, tho' indicated, *Glyſters* are to be us'd in their ſtead; becauſe they gently do the ſame that *Cathartick*s do.

Care muſt be taken in giving them, that they be *not too cold* given; becauſe thus the *periſtaltick* Motion would thence be impeded, and ill Conſequences would enſue: As alſo you muſt be cautious, leſt you give 'em *too hot*; for ſo you would excoriate the Inteſtines; and the Conſequence of this might be *Pain*, *Inflammations*, *Gangrenes*, and whatever is fatal: Theſe are the Obſervations of *Zypæus*, *Dekkers*, &c. who have obſerv'd theſe Sequels, and have inculcated theſe Cautions.

I ſhall, in the Sequel, have Occaſion to give you further Obſervables on *Glyſters*; which, at preſent, I ſhall ſuperſede.

Enem-

Enema Quietans.

℞ Decoct. alb. lb. ſſ. Theriac. Androm. ℥ ſſ. Ovi vitellum unum, m. f. Enema ſtatim injiciendum.

The Quieting Glyſter.

Take white Decoction half a Pound, Venice-Treacle half an Ounce, the Yelk of one Egg; mix, and make a Glyſter, to be thrown in immediately.

OBSERVATIONS.

IN Caſe any Perſon is ſeiz'd with a *Diarrhœa*, you muſt give 'em from one Doſe to 2 or 3 of a gentle *Cathartick*, made of *Rheubarb* one Dram, Syrup of *Solutive Roſes*, as much as is ſufficient to make a *Bolus*; to be taken every other Morning; after which let 'em drink *Tincture of Roſes*, or *white Decoction*, at Pleaſure; and, laſtly, let 'em take *hypnotick Draughts* of *Lettice-Water* 2 Ounces, *Cowſlip-Water* one Ounce, *Poppy-Water* half an Ounce, Syrup of *white Poppies* ſix

ſix Drams; mix, and make a Julap, to be taken at Bed-time; and now and then repeat this Glyſter. In a *Dyſentery*, the *Flux of Blood*, and the *Gripes*, require Medicines more effectual; hence after Blood has been drawn off to ſuch a Quantity as the Patient can bear, *Boyle* adviſes a ſimple Medicine of *Mercurius dulcis*, made up with *Gum Tragacanth*, to be given: And indeed I have found it effectually evacuate the Humours; ſo that *Opiates* given after this, perform'd the Work, repeated at the Diſtance of 6 or 8 Hours: If this Glyſter is alſo added as the *Gripes urge*, 'twill be more efficacious. However odd the Glyſter may appear to a Practitioner, 'tis *à Propos*; becauſe 'tis ſtock'd with *abſorbent* Particles, that ſuck and dry up thoſe *acrimonious* Humours that lodge in ſuch a Tract of the Bowels as it can reach; and the *Opiate* always produces its Effects (wherever applied or uſed) in the Brain it ſelf, and allays all Manner of Irritations whereever.

I have known ſuch a Glyſter made uſe of in a *Lientery*: But to ſay the Truth, it ſerv'd only to amuſe; for the Cauſe ſtill remaining, the ſame Effects were readily reproduc'd; however, it alſo had the Effect of raiſing a Sort of Credit to a ſecond Phyſician, who was call'd; ſo that he had Grounds enough to glory in what Exploits it had been poſſible for him to have done, had he been early conſulted: Poor Mankind loves to be cheated! *Opiates* then in ſuch a Caſe contribute ſo far as to allay the *Irritation*; the Conſequence of which is the Retention of all that is taken for ſuch a Time, as its own Weight is not able to preſs down theſe Contents; which, however, ſwells the Patients Belly, and makes 'em very uneaſy; inſomuch, that, at laſt, you are oblig'd to give Glyſters, to afford 'em Relief of this Load. Now let us reaſon upon this Procedure; I ſay what avails it to be able to fill the inteſtines, by a ſeeming Dexterity, with a Load you are glad to rid 'em of afterwards? Surely nothing at all; for as no Good is done by it, it had better

not

not be attempted; and that no Good is done by this, is plain; becauſe the *Lacteals* being obſtructed, no Nouriſhment enters, and all that is retain'd, is an uſeleſs Burden. It is, however, to be obſerv'd, that this Artifice may be uſeful, if the whole Syſtem of the *Lacteals* are not obſtructed; but too often us'd, we ſhall encreaſe the Obſtructions by the *Opiates.*

Theſe Sort of Glyſters are uſeful where the Stomach retains nothing, but throws all off by Vomiting; and in ſuch a Caſe, the Glyſter ſhould be given in a ſmall Quantity, that the Patient may have the Opportunity of taking Nouriſhment by the Mouth, ſo as to be nouriſh'd by having it kept long enough in the Stomach; for as *Opiates* continue their Effects for 6 Hours or upwards; the beſt Time of giving Nouriſhment after ſuch a Glyſter is, about half an Hour, or an Hour after it; for then the *Opiate* will have had ſome Effect upon the Body, and there will be Leiſure for Concoction.

In the Caſe of *Watching* and *Vomiting* together, it anſwers both Ends; but you are oblig'd to be cautious in the Doſe; for what may allay the Vomiting, may not be ſtrong enough alſo to procure Sleep; and therefore you are to encreaſe gradually, till you arrive at the *Quantum ſufficit.*

'Tis uſeful in *Spaſms* any where about the *Abdomen*; and given thus, the Stomach is not ſo much pall'd: How far ſuch a Glyſter may be uſeful in *Iſchiadick* Pains, I ſhall not now ſtay to determine; however, after proper Evacuations, whoever has read, muſt know they are us'd in ſuch a Caſe.

However, I would have it obſerv'd, that *Opiates* by Glyſters do require the ſame Cautions, as when adminiſter'd by the Mouth, being proper and improper as they are; of which, I think, I have already ſaid enough in the foregoing Sheets.

In the Manner the *Doctor* has order'd it, he ſeems to have had an Eye towards Nouriſhment of the Pa-

Patient; and indeed there is no Doubt but Glyſters may nouriſh, for I know they will fuddle.

Collyrium Certum.

℞ Aq. Plantag. Euphrag. Roſ. ā. ℥i. Trochiſc. alb. Rhaſ. ʒii. Lap. Tutiæ, ℈ii. Vitriol. Rom. gr. ii. miſce pro Collyrio, quo frequenter utatur.

The Certain Eye-Water.

Take Plantain-Water, Eyebright-Water, Roſe-Water, of each one Ounce; white Troches of Rhaſis 2 Drams, Tutty powder'd 2 Scruples, Roman Vitriol 2 Grains; mix 'em for an Eye-Water, which they may uſe frequently.

OBSERVATIONS.

WHoever makes Uſe of theſe Eye-Waters, muſt remember to lie ſome Time, after the Water is dropt into the open Eyes, upon their Backs, and muſt move the Eye pretty much after they are dropt in, to make 'em fix upon all Corners of the Eye.

They are apply'd cold to the Part; and if any Thing be apply'd hot to the Eyes, Care muſt be taken not to let it be apply'd too warm, for Fear of Evaporation of the *aqueous* Humour, or incraſſating it; which would be of ill Conſequence, and would bring on a *Cataract*.

One Part of this Preſcription, aims at thick'ning the thin Humours of the Eye, and correcting the *acrimonious* Salts that erode them; and thus cures ſore Eyes from hot Inflammations; however, the Addition of a ſmall Quantity of the *Vitriol*, helps to give Motion to the neſtling Humours in the Part, and to cauſe 'em to recirculate into the Veins, ſo that it ſeems to anſwer all Intentions.

ons. I have remark'd already, that all Evacuations ought to precede; becauſe, without them, the Symptoms would be reproduc'd in a ſhort Space of Time; as alſo that in Caſes of the Eye, they are to be continued for ſome conſiderable Time after the Patient has throughly recover'd: For it is a common Obſervation, that all Diſorders about the Face, are hard to cure; and I remember to have heard it ſaid, that *Sydenham*, being ask'd why he never wrote on Diſtempers of the Head; he anſwer'd, *Becauſe I don't underſtand 'em:* 'Twas an Anſwer not more generous, than true; for when a Phyſician is oblig'd to take a great deal of Pains to cure a ſmall Eruption in the Face, the Patient begins to believe, there may be ſome Colluſion between the *Apothecary* and Him, when, in Truth he is labouring to waſh the *Black's* Head into an *European* Dye. In ſuch Caſes, the Phyſician has a hard Task: If before he begins, he tells the Patient, *You will be long in recovering this Illneſs*; they are ſtartled, and cry out, *What! muſt I undergo ſo long and*

ſtrict a Courſe of Phyſick for ſuch a Trifle? If he tells them, *they will ſoon recover*, he cannot keep his Word; and they will then conclude him ignorant, and perhaps worſe: Therefore let the Phyſician chuſe his Chance, neither is good. *Miſerè torquentur avari.*

Pilulæ Anticolicæ.

℞ Extract. Rudii ℈i. Extract. Op. Thebaic. gr. i. Ol. Carvi gt. i. m. f. Pilul. N°. iv. ſumendæ quamprimum; repetantur urgente Dolore.

The Colick Pills.

Take Extract of Rudius one Scruple, Extract of Theban-Opium one Grain, Oyl of Caraways one Drop; mix, and make Pills 4 in Number; to be taken as ſoon as may be; and to be repeated if the Pain require it.

OBSERVATIONS.

IN Pains of the Belly, which do not fix any where, but ramble from one Side to another, and denote Wind in the Bowels, these Pills are excellent; and not only give present Relief, but carry off the Humours that foment this Wind, and prevent them for the future. *Riverius* in his Practice has added *Mercurius dulcis*; and every Practitioner must have found the good Effect of them. The Contrivance is admirable; for in all Colicks the Motion of the Intestines is inverted, and they are infested with Vomitings; now the *Opiate* allays this Symptom, and the Physick all the While is playing its Game, in irritating and vellicating the *Fibres*, *Tunicks*, and *Glands* of the Stomach, and then carries off the Matter offending. This Mixture holds good in the *Iliack Passion*, or *Miserere*, if it proceed from Wind; because this is only an encreased Colick; for if this Distemper proceed from the *Intestines* falling into the *Scrotum*, this Method will not have

any Effects; on the contrary, it is dangerous.

Though I have given the Name of *Colick Pills* to this Preſcription, yet it is well enough adapted to many other Caſes; for ſuppoſe Patients be ſeiz'd with *ſpaſmodick* Pains in the Muſcles, and at the ſame Time are watchful; give theſe Pills at Bed-time, they procure Reſt, and alſo carry off the Humours offending that fix on, or at leaſt grate the Muſcles. In fine, where-ever 'tis neceſſary to carry off Humours, and alſo at the ſame Time give Relief, they are very convenient.

Electuarium Lævigans.

℞ Conſerv. flor. Violarum, Conſerv. flor. Malvæ, ā. ℥iſſ. Gum. Arabic. ʒſſ. Corall. r. pp. ʒiſſ. cum ſ. q. Syr. de Symphyt. ſimplic. m. f. Electuarium molle; de quo capiat Quantitatem Juglandis, horâ Decubitûs quotidie; ſuper-bibendo Cochl. iv. Julapii ſequentis.

Viz.

Viz.

℞ Aq. flor. Paralyseos, Lact. alex. ā. ℥vi. Aq. Pæon. comp. ℥ii. Sacch. parum; m. f. Julap.

The Smooth Electuary.

Take Conserves of Violet and Mallow Flowers, of each one Ounce and half, Gum Arabick half a Dram, red Coral prepar'd one Dram and half; with as much of Syrup of Comphrey as suffices; mix, and make a soft Electuary; of which take the Quantity of a Wallnut at Bed-time, every Night; drinking above it 4 Spoonfuls of the following Julap.

Viz.

Take Cowslip-Water, alexiterial Milk-Water, of each 6 Ounces; Compound Pæony-Water 1 Ounces, a little Sugar; mix, and make a Julap.

OB-

OBSERVATIONS.

THIS Compoſition is one of the beſt Preſcriptions the *Doctor* uſes; it is a ſmooth and mucilaginous Medicine, and abſorbs *Acidities*; and drinks up ſharp Humours, and obtunds 'em, and prevents all their dangerous Conſequences in human Bodies.

If the *Serum* of the Blood be overloaden with an *acrimonious* Salt, which chiefly infeſts the urinary Paſſages with a *Dyſury*, and a violent Heat in making of it, this *Electuary* will produce a good Effect in the eaſing of it. *Fallopius* his Electuary is of the ſame Nature, and ſomewhat more effectual in this Caſe; which I ſhall ſubjoin, *viz.*

Take Lettuce Seeds, and Purſlain Seeds, of each 2 Scruples; white Poppy Seeds one Dram and half; Endive, and Sorrel candy'd, of each one Ounce; Sebeſtens, and Prunes, of each 2 Ounces; Starch 4 Ounces, Burnt-Ivory one Ounce; Gums, Tragacanth and Arabick, & Li-

Liquorice powder'd, of each two Drams; Mucilage of Sebeſtens one Pound, Sugar-Candy made with Juice of Violets, 8 Ounces; mix, and boil in a ſufficient Quantity of Pomgranate-Juice and Sugar, make an Electuary; the Doſe is 2 Drams often in a Day.

In Caſe any Excoriation happen in the Stomach, which makes it ſo ſenſible, that it can retain nothing of what it receives; this *Electuary* of the *Doctor*'s is a very good one, and both allays the ſharp Humour there, and the Irritation too; as it happens in an *Ulcer* of that *Viſcus*. And I remember ſomewhere from *Bartholin*, where he mentions *Gum Arabick*, as very uſeful on this Head.

In *Hectical* Caſes, where the *acrimonious* Humours are very plentiful and ſharp, in an eminent Degree; nothing better corrects 'em than this *Electuary*, if, at the ſame Time, you add a *Milk Diet*.

Sylvius commends ſuch a Compoſition againſt all *ſaline* Humours any where; ſo does *Bohnius*, *in Offic. Medici*. Hence in great *Itchings*, ſuch

such a Medicine will allay the sharp Humour reigning in the Blood, and on the Parts; and consequently, the Effects from it: But in a *Psora*, or a less Degree of it, I don't find that these Medicines are powerful enough; but also *Sulphur* is some Ways requisite, to correct the peculiar Salt reigning; and when this Distemper runs on to a high Degree, as it does in an *Elephantiasis*, Sulphur fails too. But 'tis to be hop'd, if Physicians would enquire into the true Reason of such a Disorder, some Remedy might be found that might be effectual. I should be far from being fond of using a dangerous Drug, to struggle with this *Species* of *Eruptions*; and therefore I shall forbear to name *Rhefaldo's* Specifick; because I know not how far the pompous Preparation may sheath the Poyson, or whether it may not yet retain its former Keenness; however, some such potent Remedy must be made Use of to so *Herculean* a Disease, where a *Saliquation* is baffled.

In

In *Ticklings* in the *Larynx*, it will allay 'em, and ſheath the acrimonious Humours giving Riſe to 'em.

Perſons, who drink ſpirituous Liquors, muſt expect the diſmal Conſequences they produce in Bodies, to ſucceed the Uſe of 'em: Hence the Fibres, as *Liſter* obſerves, of the Stomach, and elſewhere, will be inflam'd, the Humours become very ſharp and corroſive, and the Circulation will be haſt'ned too much; now to obviate theſe Conſequences, ſuch a Preſcription is uſeful; for it clogs the too rapid Motion of the Blood, ſheathes the Sharpneſs of the *Serum*, and relaxes the too great Tenſity of the inflam'd and parboil'd Stomach: However, in this Caſe, this Preſcription alone will not ſerve the Turn, without gentle and lenient Evacuants, to carry off ſome of the acrid *Saburra*, that immediately lodges on the Part; and alſo the mineral and chalybeat *Spaw's*, to corroborate the Fibres, and dilute the Juices they contain; and thus you may expect a good Event.

We

We have often known Women, who have labour'd under a *Fluxus Menſium* immoderately, and with Pain in the Parts, from *acrid* and *bilious* Humours; in ſuch a Caſe, this *Electuary* is very good, both to curb the Violence of the Flux, and to allay the Fervor; and I have known *Excoriations* from ſuch Humours taken off externally by *Gum Arabick*, mixt with *Hogs Lard*; (ſuch in the *Perinæum*, are troubleſome to the Patient and Nurſe; and ſo eaſy a Remedy, did it with an old, infirm Patient of mine.)

If the Eyes are infeſted with *ſaline* Humours, as will be evident by the thin Humour running from them, and excoriating the adjacent Parts, by the Inverſion of the Lips of the Eye-lids, and by a great Heat and Smarting of 'em; this, or ſuch as this, will give a Smoothneſs to the Blood, and ſheath theſe ſharp *Salts*; and if at the ſame Time you make Uſe of ſome *mercurial* Purgatives, and proper *Collyria*, for a juſt Space of Time, you may perfect the Cure.

One

One Thing is obſervable upon taking all *mucilaginous*, as well as *oily* Medicines, that they pall the Appetite much; but if you uſe the *Spaw-Waters* at the ſame Time, if indicated; or after you have done with the Uſe of theſe Medicines, this Fault will be found to vaniſh in a ſhort Time; and ſometimes even the deſiſting from taking 'em will ſuffice.

Such Medicines do good in a large Stone of the *Ureters*, inaſmuch as they ſmooth and relax the Veſſels, and make 'em give Way to what they contain; as they alſo do in a *Stone* of the *Bladder*, where the Roughneſs of ſuch a Body grates, and gives continual Uneaſineſs to the Part, where the *Mucus*, ſpu'd out of the Glands of the Bladder, is ſhav'd off; and thus the Bladder is left bare, and the *Stone* often preys upon it, even to the creating an *Ulcer*, as I ſaw not long ago: We need not be at a Loſs to know, that the *Mucus* is ſhav'd off from the Bladder; becauſe it is apparent in the Urine of ſuch Perſons, troubled with a *Stone*, and 'tis a *pathognomonick* Sign of it; I ſay, in ſuch a Caſe,

ſuch

ſuch a ſmooth and lenifying Drug, not only ſupplies *Mucus*, but ſmooths the *Salts* of the Urine; though an Injection of ſuch into the Bladder, is not only more certain, but more ſudden; ſo in ſuch a Caſe, I have known *Whites of Eggs* beat to Water, or *Oyl of Almonds*, thrown in by a *Syringe* through a *Catheter*.

Unguentum e Spermate Ceti.

℞ Spermat. Ceti, Unguenti aurantior. Ceræ albæ, ā. ℥ii. Ol. amygdal. dulc. parum; m. f. Unguentum.

Ointment of Sperma Ceti.

Take of Sperma Ceti, Orange-Flower-Butter, white Wax, of each 2 Drams; Oyl of ſweet Almonds a little; mix, and make an Ointment.

OBSERVATIONS.

WHEN the *Small-Pox* begin to ſcab, and are in Danger of making *Eſcars* on the Face, this rubbed on, ſoftens the Scabs, and looſens them from the Parts ſubjacent; and thus falling off early without any Pain, the Skin neither keeps ſo long red under, nor are the Scarrs ſo much dimpled; for, if my Conjecture is good, when the Scab ſtays on a long while, till it pines and ſhrinks; it hardens under, as well as above: Now, this Hardneſs is generally as deep into the *Cutis*, as it is high above it; ſo that the Skin, under, heals, as in ordinary *Ulcers*, at the Place the *Cicatrix* is made, which may be higher or lower, as the *Surgeon* pleaſes: And as in common *Ulcers* the *Surgeon* never heals, or *cicatrizes*, till it be level with the Scarf-Skin; ſo here 'tis prepoſterous not to make the Scab fall off till it ſink below it; which ought to be done whilſt it is fallen to its true Situation, and the Mark, if any, will in a ſmall Time wear inviſible; but

but this is ſpoke of a kindly *Small-Pox*; for it is to be own'd, that in the *malignant* Kind, if the Scab fall off before its due Time, the *Ulcer* appears uncur'd below, and they will repullulate and ſprout out again; ſo that here 'tis a difficult Matter to manage well, to preſerve ſome ſmall and comfortleſs Remains of Beauty. I know not in ſuch a Caſe of *Malignity*, whether cutting the *Bluſhes* might not be of Uſe to the Patients; for it evacuates the *Pus* that lies on the *Cutis*, and erodes it deep 'ere it begin to ſcab; and therefore 'tis a long Time 'ere the Scab hardens at the Bottom, and it ſticks long on before it fall off; from whence it happens that the *Scars* and *Marks* are remarkably deep; now cutting 'em gives an *Exit* to the moſt *eroding* Particles; and thus being taken off, the Skin under riſes naturally to the Height of what is above; and which is not infeſted with any *Pock*, (which is no Miſtake, even in the *Flux* Kind, as I can eaſily convince any Practitioner,) and then the Scab is almoſt upon a Level with the Scarf-Skin, at leaſt

leaſt as high as it lies in our Power to make it. The only Queſtion is, whether it be good Practice to cut the *Bluſhes* or not; ſome great Men are for it, others againſt it. However, ſince it is agreed on to have been made Trial of, I ſhall leave to each Practitioner to conſult his Reaſon. I was willing to ſay ſo much on this Head; not having remembred, that any have thought it worth their while to ſpeak to a Point, which the Ladies have deſervedly ſo much at Heart; and I ſhall elſewhere take it more into Conſideration for their Sakes; and ſhew 'em ſome Arts on this Particular, well worth their Reading.

Pilulæ Præparantes.

℞ Colomelan. recent. ſexies ſublim. ℈i. Extract. Gentian. q. ſ. m. f. Pil. N°. ii. ſumendæ horâ Somni.

The

The Preparing Pills.

Take Calomel, or Mercurius dulcis ſix Times ſublim'd, one Scruple; Extract of Gentian what ſuffices; mix, and make two Pills; to be taken at Bed-time.

Pilulæ Matutinæ.

℞ Pilul. Ruffi, Extract. Rudii, ā. ℈ ſſ. m. f. Pil. N°. iv. mane ſumendæ poſt Doſin præſcriptam.

The Morning Pills.

Take Pills of Ruffus, Extract of Rudius, of each half a Scruple; make 4 Pills; to be taken in the Morning, after the *preparing Pills.*

OBSERVATIONS.

IN *Mercurius dulcis* made into *Calomel*, or *Turquet's Belle-brune*, the Acrimony of the Salts is abated; ſo that it deſcends not till Morning, when meeting with the other Pills, by uniting

uniting Forces, it carries off the moſt inveterate Humours in a Body that lodge in it.

'Tis a good and approv'd Practice, to ſuffer the *Mercurius dulcis* to lodge in our Bodies for 2 or 3 Days, without attempting to carry it off, till the third or fourth Morning, when ſuch Pills as theſe may carry it out of the Body, as well as the Humours it has join'd in with; and indeed this Method is near a-kin to a *Salivation*, and may ſerve in its ſtead, if well manag'd; however, all Perſons cannot indifferently bear this Method; becauſe I have known ten Grains of *Calomel*, raiſe a *Salivation* in one Night's Time; and therefore I always join *Flowers of Brimſtone* along with it, to hinder theſe Effects.

Mercurials are effectual in *Dropſies*; but I mean *Anaſarca's*; for I know no Medicine can have any Effect on that *Species* of 'em call'd an *Aſcites*; and therefore I think it well obſerved by *Wallæus*, to forbear 'em; for in Truth nothing can have Effect, ſave the *Paracenteſis*, nor that with one in five Hundred: I cannot forbear

bear to make Mention of a freſh Invention in the Manner of *Tapping*, which to me ſeems very extraordinary: It is thought, that becauſe the Waters in the Pond are *excrementitious*, and are *corroſive*, and do not nouriſh; that therefore 'tis beſt to evacuate 'em as ſoon as may be; becauſe *Hectick*s, *Gangrenes* of the Inteſtines, fatal *Diarrhœa*'s, *Convulſions*, and many other Symptoms, ſupervene, which inevitably uſher in Death; and, moreover, it is certain, that we ſee Women in Labour do very well, tho' ſo great a Load is thrown off at once, and the Belly ſettle in an Inſtant: Hence the Reſolution has been brought into Practice, and cry'd up as a new Art. Monſieur *Thevenot* has unluckily robb'd theſe *Gentlemen* of the Honour of the Invention; and therefore what I am about to ſay on this Head, is levell'd againſt him; and his Adherents ſecondarily only.

'Tis firſt to be obſerv'd, that the great *Hippocrates* enters his Proteſt againſt ſuch a Procedure, *In Aphor.* 51. *Sect.* 2.; not that any Deference ought

ought to be paid to an αὐτὸς ἔφη, where we find it falſe; but as far as I have yet practis'd, this is only begging the Queſtion; and 'tis far from being certain, that any have receiv'd Advantage by this Method, which they are pleas'd to blow about the Town as new: The Arguments they bring, are very frivolous; for I allow 'em the *Antecedent* of their *Enthymeme*; but deny the Inference. 'Tis true indeed, that bad Conſequences enſue the Lodging of the Waters in the *Cavity*; but 'tis alſo true, that ſudden Death attends the entire Evacuation. As to Women in Labour, we are to conſider, that their being with Child, brings 'em into no worſe Condition than they would be, at the Expiration of nine Months, in a natural Condition; for all the While they are with Child, they are not weak'ned by the Evacuation of their *Menſes*; and we ſee 'em at their full Time in perfect Health; which cannot be ſaid of thoſe, who labour under a Load of Water, who *are* generally very weak, without any *Appetite*, *thirſty*, *feveriſh*, and, in ſhort, under an abſolute

Decay of *Spirits:* Now I would be glad to know, if there be any Compariſon between the Woman's parting with her Load, and theſe poor Creatures; for the Perſon in Health can eaſily recover thoſe Spirits, the other cannot: Let us for once allow the Expreſſion, that the *Child* to the *Woman*, and the *Waters* to the *Dropſical*, are both excrementitious to the *Laborants*; yet the Spirits evacuated happen, by Reaſon of the Subſidence of the Muſcles of the *Abdomen*, which muſt be ſupply'd from the Brain; now the Woman being in perfect Health before, her Spirits are eaſily ſupply'd from a ſound Blood; but ſuch a vaſt Quantity is requir'd to inflate or contract all the Muſcles of *dropſical* Perſons, (who, by the Way, are conſiderably more ſwell'd than Women with Child), and their Blood is ſo ſcantily ſupply'd with them, that 'tis odds but they die in the Operation; and, moreover, how many poor Women loſe their Lives, even in a Labour, where every Affair belonging to this Head has ſucceeded?

In a *Cachexy*, theſe Pills are admirable; becauſe they evacuate Part of the *pituitous Cacochymy*; after which the Blood is eaſier corrected by fixt and volatile *Salts*, *Bitters*, and *Chalybeats*; not that I believe all *Chronical* Caſes will admit of theſe *Alteratives* after their Uſe; but I here am not ſpeaking of *Contra-Indications*.

In any *œdematous* Caſe, this Phyſick diſcharges the Humours ſpecifically.

It may be doubted, how far *Cathartick*s may be convenient in the Beginning of Diſeaſes, where the Pulſe intermits, and is unequal; but this Difficulty is eaſily ſolv'd, if you conſider, that this Inequality proceeds from this, that the Heart and Blood-Veſſels being over-loaden with a Quantity, it and they cannot regularly contract themſelves, nor ſo forcibly as to expel all its Contents at once; and that there is ſome Reſiſtance in the Veſſels, which may be the Quantity it ſelf; for after ſuch Evacuation, the Pulſe is found to turn equal and regular.

Nor ought Weakneſs from a *Cacochymical* Blood frighten us from Purgatives; becauſe when this is once taken off by the Phyſick, the Symptoms diſappear; which makes it evident, that this depends on a Plenty of vitiated Particles in the Blood: But great Care muſt be taken at this Time, leaſt, under theſe Circumſtances, you deſtroy your Patient, under the Notion of evacuating the Cauſe of the Diſeaſe; where, perhaps, it would do well to ſubſtitute, inſtead of a true Purgative, a gentle *Lenient*, which does it *per Epicraſin*, and gently; and thus you will, with Credit, carry off the Cauſe, and ſave the Life of your Sick. Nay, I have known *Glyſters* do the Work under theſe Circumſtances, and in Fevers, with good Succeſs.

They who have us'd bad Diet, bear not Phyſick well; nor they who are *Cachectical* and weak, upon Suppoſal they are eminently ſo.

Bodies *emaciated* and much *extenuated*, are not to be fatigu'd with Phyſick; for ſuch Bodies are grievouſly diſturb'd with hot Medicines, and you induce a greater *Marcor*, and an *Atrophy*; ſo that the Miſtake of ſuch Phyſicians is very great, who, finding ſuch Perſons not eaſily moved, have Recourſe to *Scammony*, and ſuch *colliquating* Drugs; for one Cauſe of the Retention of the *Fæces* is, the Heat and Drineſs of the *Inteſtines*, which ſuch ſtrong *Cathartick*s increaſe; and conſequently, cooling and diluting Phyſick is more eligible here; I mean, *Encoproticks*, *Lenients*, *ſulphureous ſmooth Waters*, and ſuch like; but no *nitrous* nor *aluminous* ones, nor ſuch as leave any *Aſtriction* behind 'em; ſo *Caſſia*, *Oyl of Almonds*, *Veal-Broth*, *Barley-Gruel*, &c. are convenient in this Caſe.

'Tis not convenient to give *Cathartick*s to ſuch as have no Colour, or are Pale: But they are good for ſuch Perſons, whoſe Bloods are tainted with ſome *Cacochymy*, (ſuch are the *Lead* colour'd, the *Green*, the *Yellow*, &c.); or as Phyſicians term

it, they must be given κακοχυμοῖς, but not to the ἀχυμοῖς; the Reason of which is evident; *viz.* because the one wants Blood and Spirits, and the other abounds with a vitiated Blood.

Children can hardly bear Physick, because their Spirits are few; and as they rather languish than abound, 'tis better to nourish and correct the Humours, than evacuate them.

It is not convenient to evacuate Servants that work hard, at least in too plentiful a Manner; because 'tis not a small Disease that throws 'em down; and therefore they are generally much weak'ned before they apply for Remedy.

'Tis certain that Persons, whose Blood abounds with a *cacochymical* Juice, bear Physick better than sound Persons; because the Physick carrying off Part of the offending Matter, there remains less of it behind, and they then approach to a healthful State; whereas to evacuate in a Person that is in perfect Health is, to take away Humours that do not abound, and to bring on a Commotion they are under no Necessity

to

to have rais'd; and, in ſhort, from Health, to change them into ſick People.

In *Vomiting* and *Purging*, 'tis hard to determine what Sort of Phyſick is proper; which is beſt known by the Diſcovery of the Cauſe; for ſhould they be ill adapted, you would raiſe *Syncope's*, and many diſmal Symptoms.

Where the Blood is tainted with *Pus*, and the Patients can bear 'em, they are convenient; but Care muſt be taken, that you don't encreaſe the *Hectick*, commonly join'd in ſuch Caſes: So in an *Empyema*, where the Matter is reſorb'd into the Veſſels, and there creates a *Hectick*, and other Symptoms; after the Matter is emptied from the Part, and they recover ſome Degree of Strength, gentle *Cathartick*s are convenient for this End.

Whenever *Phyſick* is indicated, you muſt remember, not only to raiſe the Humours; for that alone would be dangerous; but to evacuate 'em by Doſes repeated, till you gain your Point you aim at.

I have already mentioned, that *metallick* Purgatives are the moſt effectual in ſtubborn Caſes, as *Ballonius* well remarks.

Emulſio Amygdalina.

℞ Decoct. Hord. lb. i. Amygd. d. decorticat. N°. x. f. Emulſio; cui adde Aq. Cinnam. hord. ℥i. Sacchar. parum; de quâ bibat copiosè.

Almond Milk.

Take Barley-Water one Pound, ſweet Almonds blanch'd N°. x. make an Emulſion; (to which add Barley-Cinnamon-Water one Ounce, a little Sugar,) of which drink plentifully.

OBSERVATIONS.

THIS is a cooling and diluting Drink, and ſerves to quench the Thirſt of Perſons in *Fevers*, as well

well as to nouriſh 'em; and where there is Danger of the *Fever's* turning up to the Head, it cools that καῦμα, or Fervor, and keeps 'em ſenſible. I cannot approve the *Regimen* commended by *Morton* in ſuch Fevers; for certainly, where the Blood is much inflam'd, and you heat 'em more, you only add Fuel to the Flame, and ſcorch your Patients to Death.

It is good in the Heat of Urine, or *Strangury* rais'd by Bliſters; but then it would be more effectual, if you added the cold Seeds; and particularly, the *white Poppy*, which, being an *Opiate*, relieves all Pains; however, in a *Strangury* from another Cauſe, commonly known, 'tis a good, ſafe, and eaſy Remedy, and may then be made more effectual, by adding *Sal Prunellæ*; or by *Nic. Grimm*'s Method, nam'd in his *Compendium*.

Clyſter Aloeticus.

℞ Decoct. commun. pro Clyſteribus emollient. ℥xii. Syrup. de Spin. Cervin. Tinct. ſacræ, ā. ℥i. m. f. Enema hodie injiciendum.

The Aloetick Glyſter.

Take the common Decoction for Glyſters 12 Ounces; Syrup of Buckthorn, Tincture of Hiera, of each one Ounce; mix, and make a Glyſter to be thrown in.

OBSERVATIONS.

I Have already made ſome Remarks on *Glyſters*, and hope I may be excus'd from ſaying much more on this Head: However, I ſhall remark to you, that *Glyſters* ſhould not be given to Perſons, whoſe *Hypochondre's* are diſtended, ſays *Ballonius*; becauſe they drive back the *Flatus* you would have driven out.

In

In general, they ſoften the *Faces*, and carry them off where the Patients can't bear Phyſick; they diſcuſs *Flatus*; they draw the Humours downwards, and make Revulſion of 'em from the Head; they carry off the *Saburra* of the Inteſtines; they invite a Vomiting downwards; they bring away any Phyſick that does not work well: They ſerve in *hyſterical* Women to ſupply the Defect of Phyſick; they are good in Diſeaſes of the Head, *Apoplexies*, *ſciatick* Pains, *ſyncopal* Fevers; in *Dropſies*, *Ulcers* of the Inteſtines; in *Worms*, *Ophthalmies*; in a *Teneſmus*; before Labour, if the Belly is not ſoluble; in the Beginning of *Fevers*; in Suppreſſion of the *Menſes*, and in many other Diſorders; but Care muſt be taken to adapt the Materials of which they are compos'd, to the Caſe in Hand.

In Women with Child they are dangerous, at leaſt when they are under *Fevers*, or frequently given; and in *Ruptures*, at leaſt in the Fit; alſo in *critical Eruptions*, and *Abſceſſes*; in the flowing *Hæmorrhoids*, (unleſs they proceed from an obſtiſtinate

ſtinate Obſtruction of the *Faces*; alſo in Women that are 4 or 5 Months gone with Child; and if the Matter that offends, ſticks in the *ſmall Guts*. *Waldſchmidt* tells us, if the *Inteſtinum rectum* be ſtuffed with Excrements, that *Glyſters* are convenient; but if the *ſmall Guts* be filled with extraneous Matter, then *oily* Things muſt be given by the Mouth.

Aſthmatical Perſons muſt not retain 'em long; becauſe they ſtraiten the breaſt, and cauſe 'em to breathe ſhorter.

If *Carminatives* be look'd on as uſeful, we muſt give *Glyſters*, or *Lenients* before their Uſe; becauſe to raiſe Wind before a Paſſage be made for the *Faces*, would be to inflate the Parts more violently, and bring on the *Colick* we are ſtudying to prevent.

It is to be remark'd, that in a Suppreſſion of the *Menſes*, if they are judg'd neceſſary, you may give 'em warmer than uſual; becauſe they will then open the Obſtruction better, by becoming a *Fœtus* to the *Uterus*.

If

If they are to be nouriſhing *Glyſters*, the Belly muſt be made ſoluble before their Uſe, in order that nothing but true Nouriſhment may be receiv'd; they muſt be given in a large Quantity; they muſt retain 'em as long as they can, and they muſt be made of ſuch Things as will nouriſh ſoon; and therefore nothing ſharp muſt be added, in order for their longer Retention; *Sack* is a very nouriſhing one; ſo is *Broth*, *Sack-whey*, &c.

Whilſt they are thrown in, the Patient muſt lie on the right Side; if they are to be thrown out immediately after and are not, throw in ſharper, or uſe a *Suppoſitory*. The *Cathartick Glyſters* ſhould not be retain'd above half an Hour; and therefore when you have kept 'em ſo long, take two or three Turns about the Floor.

If you deſign 'em for intermitting, or remitting *Fevers*, as ſoon as they are return'd, give another, and repeat 'em ſo often till the *Fever* vaniſh.

Pil.

Pilulæ Sedativæ.

℞ M. P. e Styrac. ℈ii. Marg. pp. ℈i. Ol. Cinnam. gt. iii. m. f. Pil. N°. xii. quarum duas capiat horâ Somni, bis vel ter in Septimanâ, ſi ſit Inquietus.

The Appeaſing Pills.

Take Storax-Pills 2 Scruples, Pearl prepar'd one Scruple, Oyl of Cinnamon 3 Drops; mix, and make 12 Pills; of which let 'em take two at Bed-time, if they are reſtleſs.

OBSERVATIONS.

THESE *Storax-Pills* are generally us'd in *Coughs*, to allay the troubleſome Tickle of them, and to procure Reſt; but are to be avoided in moiſt *Aſthma's*, or where-ever any Load lodges in the Lungs, which would choak the Patients; becauſe ſuch require Expectoration by *Balſamicks*, *Volatiles*, *Salt of Amber*, *Flowers of Benjamin*, *Syrup of Ground-*

Ground-Ivy, *Oxymel of Squills*, and ſuch like, which *Storax Pills*, being *Opiates*, do hinder. However, in Caſe a *Diarrhœa* and *Aſthma* are join'd, you muſt then join inciding *Pectorals* and *Opiates* together; for otherwiſe the *Diarrhœa* intirely ſtops the Expectoration, and makes 'em breath ſhort, and hurries on Death: Or it may fall out, that a *Colick* and an *Aſthma* are complicated, which is not unuſual; then too, the *Opiates* and *Pectorals* muſt be blended, to anſwer both Indications. In a *Pleuriſy*, theſe Pills are good in the Beginning, but not when they begin to expectorate; becauſe in a beginning *Pleuriſy*, they may ſerve to prevent the Hurry and inteſtine Motion of the Blood; by which the Encreaſe of the *Inflammation* might be prevented, and, by the Aſſiſtance of the neceſſary Bleedings, the Diſeaſe would be pinched in the Bud; but after it is ſo far advanc'd, that they begin to expectorate freely, then 'tis dangerous; becauſe this Expectoration being an Evacuation of what is noxious, and of what carries off the

Diſ-

Diſeaſe, it would be ill Management to arreſt an Enemy potent enough to ruin 'em within their Boſom. What I have ſaid of a *Pleuriſy*, is alſo to be underſtood to be ſpoke of an Inflammation of the *Lungs*.

I need not repeat here, that *hyſterick Aſthma's* ſeldom terminate without the Aſſiſtance of *Opiates*; but I have known *one* chang'd into other Symptoms retaining to the *hyſterick* Diſeaſe, for Want of due Evacuations, and proper Alteratives, *viz.* for Want of Bleeding, lenient Phyſick, Bliſters, Glyſters, *Chalybeats* and the *Bark*.

In nocturnal Pains, *Dekkers* commends *Gum Guaiacum*, *diaphoretick Antimony*, and *Opium*, in order to ſweat out Part of the offending Matter, and to allay the Anguiſh; but ſuch Pains are beſt allay'd by an *Opiate* and *Cinnabar Plaiſter*; unleſs they proceed from *carious Bones*, or a *ſpina ventoſa*, which nothing but opening relieves; and it often happens, that even opening little avails ſuch a miſerable Condition; becauſe if ſuch Pains are upon

the

the Joints, where the Aſſemblage of the *Tendons* is, Cutting is dangerous for the *Tendons*; and if that could be ſafely attempted, yet the Bones being cellular at the Joint, and porous, it would avail little, unleſs it were very ſuperficial.

Emplaſtrum Suppedale.

℞ Emplaſtr. cephalic. cum Euphorb. q. ſ. f. Emplaſtrum totis pedibus applicandum.

The Sock-Plaiſter.

Take cephalick Plaiſter, with Euphorbium, as much as ſuffices; make a Plaiſter, to be apply'd to the Feet.

OBSERVATIONS.

I Have hinted how little Value I put upon Plaiſters; but then it muſt be underſtood of ſuch as conſiſt of unactive Particles; for where

Eu-

Euphorbium, and ſuch warm Drugs, are blended with them, we are made ſenſible of their Effects; and feel them in a ſhort Time in our Blood, by the Invigoration of the Pulſe, and the increaſed Warmth; ſo that this in particular is apply'd in Caſe of a *Delirium* in a *Fever*.

Theſe revulſe the Hurry of Humours from the Head, and are a *Demi-Bliſter*; for they raiſe at leaſt Sweats in the Part, and often *Bliſters*, by long lying on, in tender People. He alſo orders the following for the ſame End.

Emplaſtrum Fœtidum.

℞ Emplaſtr. oxycroc. Gum. Galban. Emp. cephalic. ā. p. æ. f. Emplaſt. totis Pedibus applicand.

The Stinking Plaiſter.

Take Plaiſter of Oxycroceum, Gum Galbanum, cephalick Plaiſter, of each

each equal Parts; make a Plaister to be apply'd to the Feet.

OBSERVATIONS.

THIS is not so powerful as the former, but acts much in the same Manner, by Insinuations of the Particles into the Mass, and exagitating it; or also by vellicating the *Fibres* of the Part, it invites the ῥοπὴ of the Humours that Way.

Pilulæ Stypticæ.

℞ Corall. rub. pp. Croc. Mart. astring. Gum. Arabic. Tragacanth. ā. ʒi. cum s.q. Syr. e Symphyt. m. f. Pilulæ minores, obruantur pulv. Oc. Cancror. pp. quarum sex capiat mane quotidie & vesperi, in Cochleari Julap. superbibendo Cochl. iii. ejusdem.

The

The Styptick Pills.

Take red Coral prepar'd, aſtringent Saffron of Steel, Gum Arabick, Gum Dragon, of each a Dram; make, with Syr. of Comfrey, ſmall Pills, to be roll'd up in Crabs Eyes pouder'd; of which take 6 Morning and Evening every Day, in a Spoonful of any Julap, drinking 3 Spoonfuls above them.

OBSERVATIONS.

THE *Electuarium conglutinans*, as alſo the *Pilulæ reſtringentes*, as alſo the *Bolus aſtringens*, having the ſame Vertues with theſe, I need ſay little of them; only ſhall add, that *Riolanus* looks upon the ſtyptick Particles to be adapted to the Paſſages too wide, and looks upon the glutinous ones to be fitted to any *Eroſion* of a Veſſel: In which, I think, he judges rightly; and therefore the Gums, *Arabick* and *Tragacanth*, are proper in any ruptur'd Veſſel of the *Lungs*; and the *Saffron of Steel* and *Coral*, in any *Diarrhœa*; ſo that if both

both Caſes happen together, 'tis a *Specifick.*

Pilulæ Hyſtericæ.

℞ G. Ammon. ℈ii. Galban. ℈i. f. Pil. minores; quarum capiat ii. urgente Dyſpnœâ; ſuper-bibendo Cochl. iii. Aq. Ceraſ. nig. cum Sacchari pauxillo edulcoratæ.

Hyſterical Pills.

Take Gum Ammoniack 2 Scruples, Galbanum 1 Scruple; make little Pills; of which take two, if the Difficulty of breathing urge; drinking above 'em 3 Spoonfuls of black Cherry-Water, ſweet'ned with Sugar.

OBSERVATIONS.

THIS is the ſame with the *Miſtura hyſterica Lactea*, p. 7. and therefore no more need be ſaid of it; but I refer you to that *Mixture.*

'Tis

'Tis high Time to draw to a Concluſion, and to inform the Reader, how much A-do I had to find *Recipe's* with Variety enough. As for ſmall Alterations, they were not worth while to inſert; ſo as to add *Ol. Ovin.* or *Limacum*, to the *Linimentum Anodynum*, and ſuch trifling Alterations, would but pall the Reader, and give me needleſs Trouble: Theſe then I have omitted; and if my Leiſure and Will agree, you may hear of ſome further Proceedings of this Kind.

FINIS.

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